

600 Pearl St
La Jolla CA 92037
Mon-Saturday 8am-5pm
Sunday 8:30am-5pm

858-456-1170



WINNER!
BEST CAR WASH
15 YEARS
IN A ROW!



SCAN HERE FOR
10% OFF
ANY SERVICE

OPEN
7 DAYS
A WEEK



LA JOLLA

VILLAGE NEWS

LA JOLLA'S LOCALLY OWNED INDEPENDENT VOICE SERVING UNIVERSITY CITY AND LA JOLLA TODAY & EVERYDAY



1851 Garnet Ave
7am - 3pm Daily

858.270.3103 | TIMESOFSDIEGO.COM

SOUTHERN CALIFORNIA NEWS NETWORK

FRIDAY, OCTOBER 10, 2025

timesofsandiego.com

THIS WEEK



Readers Choice Awards
for retail and services

SEE PAGES 5-20



The Social Diary:
Friends of Coast Walk Trail

SEE PAGE 2

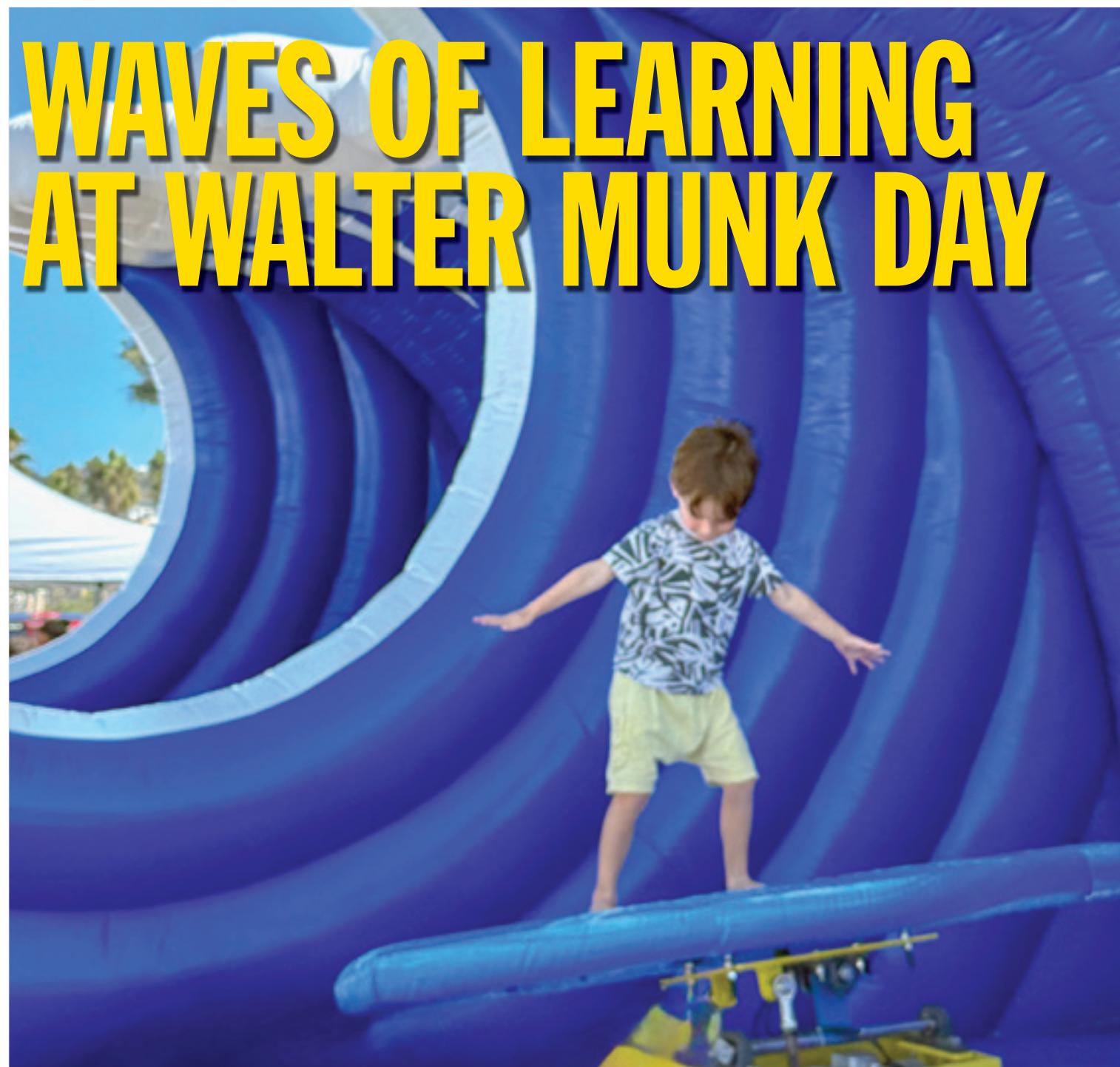


La Jolla Art & Wine
Festival this weekend

SEE PAGE 21



WAVES OF LEARNING AT WALTER MUNK DAY



Ari Abelsohn, 5, tries out his surfing skills on the inflatable wave attraction during Walter Munk Day at La Jolla Shores' Kellogg Park on Oct. 4. The annual event honors Munk's 80-year legacy of scientific research, education, and ocean conservation; and also showcases Kumeyaay Heritage and Culture.

(Photo by Don Balch/Special to La Jolla Village News)

Photographer Thomas Mangelsen remembers friend Jane Goodall

By DAVE SCHWAB | La Jolla Village News

LA JOLLA — Thomas D. Mangelsen will always remember world-famous primatologist Jane Goodall as a kindred spirit.

"There will never be another Jane Goodall," said the 79-year-old wildlife photographer and conservationist, who lives near Yellowstone National Park and whose work is showcased locally at Images of Nature Gallery in La Jolla.

"All of us who were close to her are committed to ensuring her legacy doesn't fade away. She was an incredible human being



Thomas Mangelsen and Jane Goodall share a toast and a picnic by the banks of a river.

(Photo courtesy of Thomas D. Mangelsen)

and worked so hard for everyone else. We need to carry on her legacy of helping the

Earth and protecting wildlife."

The wildlife photographer and conservationist stated that his friend's legacy encompasses numerous humanitarian endeavors.

"She was a lot of things," said Mangelsen. "Obviously, she was an incredible scientist with her long-running study of chimps. As an anthropologist and animal behaviorist, she was so passionate — and compassionate — about all wildlife."

Mangelsen said Goodall had respect for the sanctity of all wildlife. "There were flies on my window and she put a cup over them,

See JANE, Page 4

The Social Diary – Friends of Coast Walk Trail & Alison Brown Quintet...what a night!

By MARGO SCHWAB
Special to La Jolla Village News

LA JOLLA – It was one of those spectacular La Jolla nights that exploded with fun energy for a purpose. The evening was titled Cocktails on OFF Coast Walk with a venue at Wisteria Cottage, and it was on the calendar for many prominent La Jollans to support the revamped coastal trail. One who had to miss but was there in spirit was Diane Szekely. Szekely sponsored a new bench in honor of her late husband Alex, the coastal trail was part of their first date. Romance!

The night featured Turtle Rock Ridge Wines, sponsor Orla Hotel, Café Athena's fabulous taverna cuisine, and Deering Banjos. Why banjos? Well, the featured artist was banjo phenom Alison Brown and her Quintet. Brown is truly a treasure, a multi-Grammy winner. She now has quite the following in La Jolla!

Every detail was thought of including having members of the Bishop's Trail Squad and La Jolla Boy Scout Troop 4 escort guests to their cars at night's end.

The benefit is the result of tireless community members like Brenda Fiske and Sherry Ahern. Fiske had this to say: "Cocktails on OFF Coast Walk was an example of how La Jolla Coastal Conservancy hopes to bring our community together to continue restoring and protecting the places we love for generations to come."



Maggie Chambers with Nancy Borrelli and Madeleine Pavel.

(Photo by Margo Schwab/
Special to La Jolla Village News)



Founder of The Other Side Productions and Street Scene, Rob Hagey, with Scorpion Bay Hotel's Fred Borrelli.

(Photo by Margo Schwab/
Special to La Jolla Village News)



Elaine Robbs and Kelly Hooker with Fred Borrelli.

(Photo by Margo Schwab/
Special to La Jolla Village News)



La Jolla Boy Scout Troop 4 volunteers.

(Photo by Margo Schwab/
Special to La Jolla Village News)



Former MCASD director Hugh Davies and Jonathan Colby with Gracie.

(Photo by Margo Schwab/
Special to La Jolla Village News)



Sue Subkow of Love on a Leash therapy dogs with former Fox News anchor and correspondent Jamie Colby and her brother Jonathan Colby, retired judge with his famous therapy dog Gracie.

(Photo by Margo Schwab/
Special to La Jolla Village News)



James Richardson and Jamie Colby with Sue Subkow and Jonathan Colby with Gracie.

(Photo by Margo Schwab/
Special to La Jolla Village News)



San Diego Native American Elders Kilma Latin - Pala Council, Johnny Bear Contreras - San Pasqual Council, Dr. Stanley Rodriguez of the Santa Isabel Council.

(Photo by Margo Schwab/
Special to La Jolla Village News)



Musician Garry West and his wife Alison Brown with Rob Hagey.

(Photo by Margo Schwab/
Special to La Jolla Village News)



Jody McLeod of legendary Jody's Muffin, Brian Mink and Edie Munk, yes the daughter of oceanographer Walter Munk, and a conservationist in her own right.

(Photo by Margo Schwab/
Special to La Jolla Village News)



Special guests, SDPD's Lt. David 'Bryan' Brecht, Lt. Jo Makwana, Capt. Tammy Clendenen and Sgt. Ricky Escalante.

(Photo by Margo Schwab/
Special to La Jolla Village News)



Art & Wine Festival and La Jolla Open Aire Market founder/super supporter of the coastal trail Sherry Ahern and coastal patron Nancy Borrelli.

(Photo by Margo Schwab/
Special to La Jolla Village News)



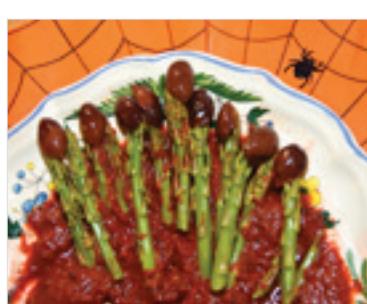
Nancy Borrelli with Elaine Robbs, Kelly Hooker and Fred Borrelli.

(Photo by Margo Schwab/
Special to La Jolla Village News)



Brenda Fiske, founding member of Friends of Coast Walk Trail.

(Photo by Margo Schwab/
Special to La Jolla Village News)



Creature fingers in blood red sauce.

(Photo by Margo Schwab/
Special to La Jolla Village News)

Creature fingers in blood red sauce!

15 minutes

Ingredients: Whole Foods/Costco or garden olive oil, tomatoes, cooked beets, asparagus, kalamata or your choice olives. Tools needed: Blender, large

Prep and serve: For two people, blend 3 beets, 1 cup tomatoes, 4

T. olive oil, pour onto 2 plates, rinse asparagus, break off asparagus tips with 3 inches of stem, place on sauce, tips out, make olive slices and place as "fingernails." Enjoy!

Spider web pumpkin soup!

25 minutes

Ingredients: Whole Foods/Costco or garden monk fruit, cooked pumpkin, nutmeg, chicken stock, garlic, cayenne pepper, and organic thick yogurt.

Tools needed: Cooking pan, large spoon, 2 large soup bowls, chopstick or the like, plastic

sandwich bag, scissors, spoon.

Prep and serve: For two, cook 1 cup of pumpkin, 1/4 cup of chicken stock in a pan, 3 cloves of crushed garlic, 4 shakes of Cayenne pepper, simmer 10 minutes, stir in 3 T of monk fruit, and pour into 2 large soup bowls, put approx. 1/2 cup yogurt into a sandwich bag, squeeze to the bottom corner, cut a tip, in each bowl, squeeze a dollar coin amount of yogurt, add a spiral to the bowl edge, draw 6-8 yogurt lines with a chopstick, spaced evenly, from the center to the bowl edge, voila, your spider web. Enjoy!



Spider web pumpkin soup.

(Photo by Margo Schwab/
Special to La Jolla Village News)

Too lazy to cook alternative: Girard Gourmet's great soups and Halloween treats.

billionaires row

858.456.3282
gregg@lajollarealestateagent.com



BEACH & BARBER TRACT: Beautiful and rare Coastal California Charmer just steps from the ocean in one of La Jolla's most coveted neighborhoods.

3 BD | 3 BA | 2,538 SF | \$4,998,000



CORONADO: Mid-Century Modern with a signature Coronado nautical feel.

4 Bed | 3 Bath | 2,375 SqFt | 8,103 SqFt LOT | \$3,398,000



LA JOLLA: Floor-to-ceiling glass windows, soaring ceilings & an expansive terrace in a gated community.

2 BD | 2.5 BA | 2,174 SF | \$1,348,000



LA JOLLA VILLAGE: Easy walk to UCSD, retail and trolley.

1BD | 1 BA | 504 SF | \$479,900



MUIRLANDS: Resort-style yard with pool, spa, and detached studio on near-half-acre lot.
6BR | 5.5 BA | 4,953 SF | Detached Studio | \$3,998,000



LA JOLLA VILLAGE: Sunny, end unit in Cape La Jolla Gardens.
AGENT: Kim Caniglia 2 BD | 2 BA | 1,359 SF | \$1,020,000

JANE »

CONT. FROM PG. 1

and then a piece of paper under them, then took them away and opened the door and let them go," he recalled.

"From the smallest to the largest – she loved animals."

Perhaps surprisingly, Goodall's favorite animal was not the chimpanzee. "Dogs were her favorite animal, not chimps," Mangelsen said. "That truly was the animal she loved the most."

Goodall had a dog named Rusty. In honor of her, Mangelsen wanted to name his dog Rusty, too. "She told me I could name him Rusty

II," he said.

Mangelsen, who's photographed lions, tigers, bears, and other species in their natural habitats on all seven continents, confessed that he was in awe of Goodall when they first met at a book signing in Boulder, Colo., in 1987.

"She was there to receive a lifetime award and was getting that with David Crosby, Graham Nash, and songwriter Randy Newman," he said, adding he was invited to meet her for the first time after that event. He said she came to Jackson, Wyoming, where he has a nature photography studio, a couple of years later.

He said he jumped at the opportunity to connect with her again. "She was such a huge personality and I was such a huge fan," he recalled.

Mangelsen took Goodall on a personal tour of Yellowstone after being told by her that she didn't like crowds or vans. He asked her what she wanted to see. "She said, 'I want to see all of it,' then added, 'Just as long as you get me back for my flight tomorrow at 9:30 a.m., we're good to go."

Mangelsen noted Goodall was appreciative of their private tour of the world's first national park, given that "she didn't have much time to be in the wild anymore as she was always lecturing, traveling over 300 days a year."

Pointing out that Goodall was "incredibly personable and open," Mangelsen noted they'd go out on picnics. "She was a vegetarian," he recalled, adding he'd pack a

lunch for them consisting of a loaf of French bread, some carrots, celery, and avocado with some dip.

He added they would enjoy their repast while they talked for hours, "opening up about her early life and going to Gombe and working with Louis Leakey, who hired her to study chimps."

Goodall told Mangelsen that Leakey was interested in her in part because "he wanted scientists and researchers who had no preconceived notions of chimpanzees."

It was therefore prescient, added Mangelsen, that Goodall went on to find that chimps actually made tools (using grass strips to capture and eat termites), which caused the definition of human to be redefined to include them – "because humans are the only other animals to make tools, and because the genetic makeup of chimps is 2% or less different than humans."

Carrying on the mission he shared with Goodall of protecting and preserving wildlife worldwide, Mangelsen himself is engaged in a battle with the present administration.

From 2017–2021, the Trump administration pushed several actions allowing and expanding the hunting of bears, wolves, and mountain lions by rolling back protections and transferring management authority to states.

These changes drew strong criticism from wildlife advocates like Mangelsen, who characterizes the

JANE GOODALL

Dame Valerie Jane Morris Goodall was an English primatologist and anthropologist regarded as a pioneer in primate ethology who died at age 91 on Oct. 1. She was best known for six-plus decades of field research on the social and family life of wild chimpanzees at Gombe Stream National Park in Tanzania. Beginning in 1960, mentored by palaeontologist Louis Leakey, Goodall's work challenged prevailing scientific views by showing that chimpanzees make and use tools, hunt co-operatively, and display complex emotions and social structures once thought unique to humans.

In the 1960s, Goodall published several accounts of her research in Tanzania, including a series of articles in National Geographic. Her first book-length study, "In the Shadow of Man" (1971), was later translated into 48 languages. In 1977, she co-founded the Jane Goodall Institute, a global nonprofit wildlife and environment conservation organization headquartered in Washington, D.C., to promote wildlife conservation. Throughout her career, Goodall wrote 32 books, 15 for children, and was the subject of over 40 films. She remained an active lecturer, traveling extensively to promote conservation and climate action.

practices as cruel and inhumane.

Mangelsen was especially fond of one grizzly bear he followed for years in Yellowstone, dubbed 399, her research number.

READ MORE ONLINE AT
timesofsandiego.com

ATHLETIC REPUBLIC

WE BUILD
BETTER ATHLETES

SPORTS PERFORMANCE
TRAINING IN SAN DIEGO

SCHEDULE A
FREE CLASS



SCAN
ME

SAN DIEGO,
IT'S GAME TIME

Join us **October 16** for the
Grand Opening of Athletic
Republic San Diego.



A LIFE WELL LIVED. A LIFE WELL EARNED.

Since 1998, Belmont Village has safely delivered an unparalleled senior living experience for thousands of families. Collaborations with experts from the nation's top healthcare institutions and universities, including UCLA and USC, have established our national leadership in demonstrably effective cognitive health and wellness programs. Combining the highest levels of hospitality and care, our communities make life worth living.

BelmontVillage.com/LaJolla
858-358-7129



BELMONT Village
SENIOR LIVING
LA JOLLA



©2025 Belmont Village, L.P. | RCFE 374604562 [f](https://www.facebook.com) [y](https://www.youtube.com) [in](https://www.linkedin.com) [i](https://www.instagram.com)



MARCO POLO



LA JOLLA VILLAGE NEWS

READERS CHOICE AWARDS

RETAIL/SERVICES

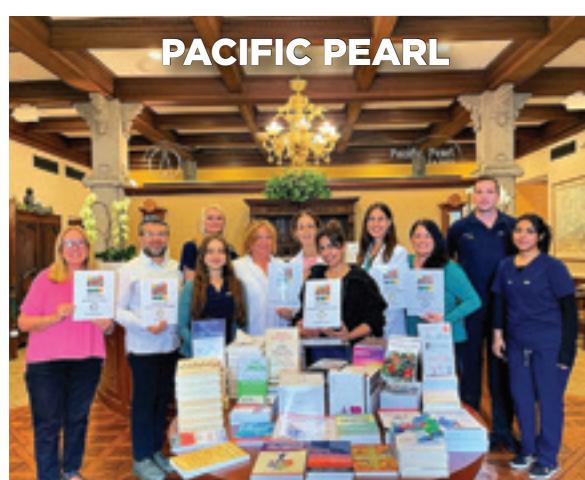
2024

La Jolla's Top Picks of 2024

Introducing the 2024 Readers Choice Award winners for Best of Retail and Services! This year's list is a delightful blend of long-standing businesses with loyal followings and new ventures that are thriving despite economic challenges. Our readers took the time to discover La Jolla's finest, casting their votes to create this esteemed list. We extend our heartfelt thanks to everyone who participated!

From health clinics to bookstores, CPAs, banks, physicians, markets, hotels, and countless other categories, here's your ultimate guide to La Jolla's top retail and service stars, as chosen by you and your neighbors.

Are you on the hunt for a unique gift? Discover where our readers have found those perfect, one-of-a-kind items. Planning some home improvements? See who our community voted as the best. Facing



PACIFIC PEARL

GRUNOW
CONSTRUCTIONMARIO MASTER
JEWELERSIGNATURE
SKINCAREERLING ROHDE
LA JOLLA

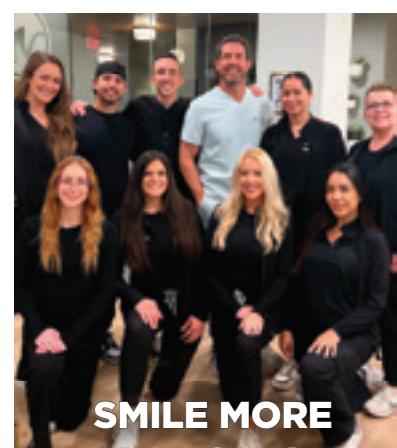
EQUANIMITY

INTERNATIONAL
& DOMESTIC
SHIPPING & MAIL

PAK MAIL

DAVID & SONS
FINE JEWELERS

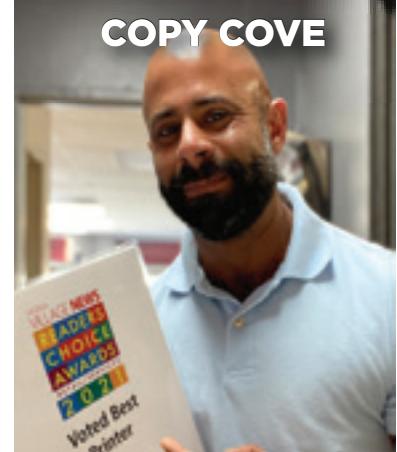
INN BY THE SEA

SMILE MORE
LA JOLLAMARGARET'S
CLEANERS

PEDEGO



GLIDIAS SALON



COPY COVE

PHOTOS BY MIKE FAHEY / SPECIAL TO LA JOLLA VILLAGE NEWS | COURTESY PHOTOS

les and local artisans, the boutique also gives back through charity art events—donating a portion of sales to schools, hospitals, shelters, and women's organizations. Owner Lisa welcomes private fundraisers, trunk shows, and home events.

8657 Villa La Jolla Dr, 221, La Jolla
858-352-6398 | beboutiquesd.com

Best Bookstore Warwick's

A La Jolla favorite for generations, Warwick's is known for its exceptional selection of books, gifts, and fine stationery. Locals love the warm, personal service and the store's lively calendar of author events and signings. Whether you're browsing best-sellers or finding the perfect gift, Warwick's offers something special for every reader and occasion.

7812 Girard Ave, La Jolla
858-454-0347 | warwicks.com

Best Children's Apparel Little Love

Little love is a treasure chest full of gently used designer children's clothing at excellent prices. The idea for the store was born out of the owner, Lindsey Fisher's, quest for finding good quality, affordable, and gently used designer items for her son Cooper. It became clear that San Diego needed a designer children's consignment boutique, and with a little love, she's done just that.

1110 Torrey Pines Rd. Ste. M, La Jolla
855-230-6857
littlelovesandiego@gmail.com

Best Cellular Phone Verizon

Verizon Wireless is committed to delivering outstanding customer satisfaction, and it has a charitable streak to boot. It offers quality products and services on the nation's largest 4G LTE network and the largest, most reliable 3G network—and it's all over the causes that advance literacy in the United States.

904 Pearl St, La Jolla
858-551-0057 | 4Gwireless.com

Best Coins & Precious Metals

H.S. Perlin Co., Inc.
For more than 60 years, H.S. Perlin Co. has

been a trusted name in rare coins and precious metals. President Joel D. Perlin, a respected expert in gold and rare coin markets, provides clients with informed financial insight and personalized investment guidance. The firm specializes in gold bullion, U.S. and world coins, and rare collectibles, helping investors build secure, tangible portfolios with lasting value and long-term growth potential.

1110 Silverado St, La Jolla
goldendures.com | 858-459-7803

Best Convenience Store (tie)

Keg N Bottle La Jolla

The deli sandwiches menu is vast at Keg N Bottle and sandwiches are made to order with the freshest ingredients at really good prices! What's not to love about this great neighborhood market! Headed to the beach? They have everything you need to fill your picnic basket. And don't forget—the wine, beer and liquor selections are fabulous too.

1030 Torrey Pines Rd, La Jolla
858-459-1124

CVS

CVS in La Jolla offers a wide range of pharmacy services, health and wellness products, beauty items, and everyday essentials. With a convenient location and friendly staff, CVS is your go-to spot for prescriptions, over-the-counter medications, and various household needs.

8831 Villa La Jolla Drive, La Jolla
858-455-6347

Best Discount Store

La Jolla Goodwill

Yes, La Jolla has its own Goodwill—and locals love it! This 1,600-square-foot boutique-style store turns donated treasures into opportunities, supporting job training and employment programs for people with disabilities and other barriers to work. Shoppers enjoy the thrill of discovery, where luxury finds like Prada and Gucci often share the racks with everyday favorites.

7631 Girard Ave, La Jolla
858-752-6181 | sdgoodwill.org



Margaret's – the Couture Cleaner

Voted Best Dry Cleaner in La Jolla 12 Years Running!

Serving Southern California Communities for Over 70 Years

Thank You Again, La Jolla!

*From the Horst Family & Our Team of Over 100 Dedicated Employees
at Five Southern California Locations*



May 1956

John Horst during his early career.



December 2021

John with one of today's delivery vans.

Legacies of Excellence

Master Care for All Things Couture — Since 1953

Call (858) 454-2375 • margarets.com • 7511 La Jolla Blvd.
Pickup & Delivery Available



GRUNOW
CONSTRUCTION

Thank you La Jolla!
*I am honored to have been
voted as Best Remodeler and
Best Contractor in La Jolla for
16 years in a row!*

858.459.8742 www.grunowconstruction.com

Best Electric Rideables

PEDEGO Electric Bikes

Pedego Electric Bikes La Jolla has partnered with multiple Best-in-Class Electric Bike and Rideable Brands to be your One-stop-Shop for all things Electric. Now stocking more than 40 models of Electric Bicycles across multiple brands, featuring different sizes, colors and price-points starting from \$1,399-\$6,500. Brands included are UROPIA, RAEV, MACFOX, BULLS USA, VELOTRIC, BLAUPUNKT and more! They offer Pedego Electric Bike Rentals, as well as

Custom Guided Tours, featuring the La Jolla coast line and panoramic ocean/ desert/mountain views from the top of Mt.Soledad National Veteran's Memorial! They also specialize in sales of Electric Boardsports (ONEWHEEL & Accessories), Electric Scooters (CYCLEBOARD), Electric Skateboards (EVOLVE / SUMMERBOARD), and Underwater Sea Scooters and Kickboards (ASIWO). They also features multiple Brands of Accessories to support your Active Lifestyle, including BLENDERS, SHOKZ, SUN BUM, SENA, THOUSAND, TIFOSI, THULE, ARROWHERE, SOCK GUY, SMITH, and more. Hello, fun.

**Thank you for voting
Chism Bros. Painting
2024 Readers Choice
for Best Painter.**

We would like to thank you, our community, for your continued trust over the years, and look forward to serving you in 2025.



chismbros.com • (858) 454-3850
CA Lic. 491884

THANK YOU, LA JOLLA!
for voting us one of the
BEST ARCHITECTS AND INTERIOR DESIGNERS!

We are honored and proud to serve the
La Jolla Community.



IS ARCHITECTURE
JONE R. STIEGLER, FAIA

5645 LA JOLLA BLVD. 858.456.8555
www.isarchitecture.com

CUSTOM RESIDENTIAL HISTORIC PRESERVATION

Photography by Clipping Studio

**5702 La Jolla Blvd, 101, La Jolla
pedegolajolla.com | 858-291-8845
info@pedegolajolla.com**

Best Eyewear (tie)

Be Seen Optics

Locally owned and dedicated to style, Be Seen Optics is La Jolla's destination for luxury eyewear. Their curated collection features designer frames from around the world, blending fashion, function, and individuality. With expert fittings and a team that knows the latest trends, you're sure to find the perfect pair to match your personal style.

**5702 La Jolla Blvd. Ste 102, La Jolla
beseenoptics.com | 858-291-8211**

Optical Artisans

Formerly Richard R. Trainer, OD, Optical Artisans is La Jolla's oldest optical practice—now proudly owned by Suzanne Terán, who has served the community for more than 25 years. Carrying forward a legacy of personal care and expertise, the boutique offers a wide selection of designer frames and styles, quality lenses, and exceptional service—all from the same trusted Village location.

**930 Silverado St, La Jolla
opticalartisans.com | 858-454-0191**

Best Fashion Accessories

Sigi's Boutique

Women seeking high-end European designer fashions and accessories will love Sigi's Boutique. This elegant shop offers a curated selection of fine cashmere from Scotland, stylish classics from Italy and France, and sophisticated sportswear from renowned brand Herno. Whether you're looking for luxurious sweaters, chic dresses, or elegant outerwear, Sigi's Boutique has something to suit every taste. The boutique's commitment to quality and style ensures that each piece is timeless and impeccably crafted. It's the perfect destination for those who appreciate exquisite European fashion and desire to add a touch of luxury to their wardrobe.

**7888 Girard Ave, La Jolla
858-454-7244 | sigislajolla.com**

Best Furniture Store

Nativa

(see listing under Best Floor Covering)

Best Gift Shop

Warwick's

(see listing under Best Bookstore)

Best Gourmet Meat (tie)

Pavillions

(see listing under Best Grocery Store)

Valley Farm Market

(see listing under Best Specialty Grocery)

Best Grocery Store

Pavillions

Pavillions in La Jolla offers a premium grocery experience with a wide selection of fresh produce, gourmet foods, and everyday essentials. Known for quality products and

friendly service, the store features an extensive deli, bakery, and prepared foods section, plus a variety of organic and health-conscious options to fit every lifestyle. Visit Pavillions for all your grocery needs and enjoy a top-notch shopping experience.

**8657 Villa La Jolla Dr, La Jolla
pavillions.com | 858-597-1550**

Best Grocery Store (Specialty)

Valley Farm Market

At Valley Farm Market, you can expect the highest-quality USDA meats, the freshest produce, and one of the largest selections of craft beers. To stay up-to-date on all the latest happenings, the best way is to join their mailing list. Whether you have been a loyal customer for years or are discovering them for the first time, you will quickly see why they've become a Readers Choice favorite. Their commitment to quality and customer satisfaction makes them a standout destination for all your grocery needs.

**6902 La Jolla Blvd, La Jolla
valleyfarmmarkets.com
858-999-0358**

Best Hardware Store

Meanley & Son Hardware

Meanley & Son has been a staple of the La Jolla community for more than six decades, with roots tracing back to 1948, when Nacky Scripps Meanley, husband Tom and son William established the store. With gourmet cookware, paint, portable appliances, giftware, light bulbs, tools, electrical and plumbing fittings, cleaning and gardening supplies and all the widgets, fasteners, glues, and whatchamacallits you can imagine. Meanley and Son joined the Ace Hardware co-op in 1997, which enables them to keep prices low while still offering hometown service.

**7756 Fay Ave, La Jolla
858-454-6101 | meanleys.com**

Best Health Food/Nutrition

Whole Foods

Whole Foods strives to provide the highest quality, least processed, most flavorful and natural foods possible, because the owners believe that food in its purest state—unadulterated by artificial additives, sweeteners, colorings and preservatives—is the best tasting and most nutritious food there is.

**Thank you La Jolla! We are
celebrating our 64th year!**



Gold You Can Hold

Growth. Privacy. Safety



H.S. Perlin Co., Inc.
1110 Silverado Street
La Jolla, CA 92037

**FOR YOUR
PEACE OF MIND**

Call To Learn More: **858-459-7803**
(By Appointment Only. Minimums Apply.)
www.goldendures.com



BBB Rating: A+



Joel Perlin, President

They are active in local communities, food banks, sponsoring neighborhood events and donating to local non-profits.
8825 Villa La Jolla Dr, La Jolla
wholefoodsmarket.com
858-642-6700

Best Hotel (tie)**La Valencia**

Coined "The Pink Lady," La Valencia Hotel has Old World charm and a new outlook, big picture windows and attention to the smallest detail. More than a La Jolla hotel, it's an icon, having hosted celebrities, celebrations, reunions and romantic getaways since 1926. Just steps from miles of stunning coastline, world-class museums, shopping and galleries, it's the perfect blend of location and recreation. The beachfront hotel's Mediterranean influenced architecture and décor, evoke colossal charm and is one-of-a-kind.

1132 Prospect St, La Jolla
lavencia.com | **858-454-0771**

The Grande Colonial Hotel

Since opening in 1913, the Grande Colonial

has remained the finest boutique hotel in La Jolla for one simple reason: their unwavering commitment to delivering an unparalleled experience to their guests. This means no request is too small, too large, or too difficult to grant. From the moment you arrive, you'll experience exceptional service and luxurious accommodations. Whether you're visiting for business or leisure, the Grande Colonial ensures your stay is memorable and delightful.

910 Prospect St, La Jolla
thegrandecolonial.com | **858-454-2181**

Best Jewelry Store**Bowers Jewelers**

Since 1945, Bowers is La Jolla's oldest family-operated jewelry store. In all that time, the staff has picked up expertly on its customers' tastes – that's why it finds itself filling a variety of custom orders and also stocking silver, crystal, porcelain and items such as cigarette lighters, candlesticks, platters and flatware. You'll find something every time for that hard-to-buy-for person in your life! Stop in and

see why are voted Best Jewelry Store.

7860 Girard Ave, La Jolla
bowersjewelersoflajolla.com
858-459-3678

David & Sons

David & Sons Fine Jewelers has been a family-owned and operated business since 1980. They offer one of the largest selection of certified loose diamonds in the San Diego area. Fancy and ideal cut diamonds are the venue's specialty. Its business has been built on satisfied repeat customers – and unlike many of its competitors, David & Sons offers free lifetime maintenance on merchandise.

4485 La Jolla Village Dr, U. C.
davidandsongjewelers.com
858-457-7664

Best Liquor Store**Keg N Bottle**

(see listing under best Convenient Store)

Best Men's Apparel (Formal)**Ascot Shop**

(see listing under best Men's Apparel)

Best Painting Supplies**Sherwin Williams**

Founded in 1866, Sherwin Williams has spent the last 155 years creating a legacy of growth, creativity, and innovation to meet clients needs. It has become a household name and leader in the paint industry. Be sure to stop by its newest location in La Jolla. You'll enjoy the personable and help-

ful staff who look forward to partnering with you on your next painting project.

7477 Girard Ave, La Jolla
858-729-1801 | sherwin-williams.com

Best Pet Store**Bella Woof**

Bella Woof is a woman-owned, full-service professional dog & cat boutique that provides first-class grooming services, premium pet products, and top-notch training and behavior modifications for your best furry friends. We've been serving the San Diego area since 1998. At Bella Woof, we believe that dogs play an important part in people's lives and we want to help foster that relationship! We're not just experienced trainers and groomers; we're also animal welfare advocates and educators who are here to provide the best care and products for your pets. Bella Woof is also a proud partner of the San Diego Humane Society.

7755 Girard Ave, La Jolla
619-237-0730 | bellawoof.com

*Thank you La Jolla Village News readers
 for the confidence you expressed in voting
 Mark A. Krasner, CPA, ESQ. – Best Attorney for 16 Consecutive Years*

Effective. Timely. Thorough.



BLANCHARD
 KRASNER &
 FRENCH

www.bkflaw.com

LA JOLLA
 VILLAGE NEWS
 READERS
 CHOICE
 AWARDS
 RETAIL/SERVICES
 2024

Blanchard Krasner & French looks forward to continuing to assist with your legal needs

800 Silverado St, 2nd Floor La Jolla, CA 92037 858.551.2440

Best Place to Buy Jeans**State & Liberty Clothing**

State & Liberty is a modern menswear boutique merging style and performance. Its mission is to dress men with athletic builds using "athletic fit" designs that broaden in the shoulders and taper at the waist. Garments are crafted in stretch, moisture-wicking, and wrinkle-resistant fabrics, combining the look of sharp attire with active comfort. Inside, clients can schedule personalized fittings or browse ready-to-wear

selections. A fully stocked bar adds a relaxed vibe to the luxury shopping experience.

7857 Girard Ave, La Jolla
stateandliberty.com | 619-867-2617

Best Resale Shop**La Jolla Goodwill**

(see listing under Best Discount Store)

Best Shoe Store**Rangoni Firenze Shoes**

Rangoni Firenze Shoes offers a unique

European vibe, specializing in handcrafted shoes from Florence, Italy, made in their own Amalfi Factory. This charming store also features a fine selection of leather handbags by Barbara Milano and Merci Marie, both crafted in Milan, Italy. With a focus on quality and craftsmanship, Rangoni Firenze Shoes provides customers with exquisite Italian footwear and accessories, ensuring a stylish and sophisticated shopping experience.

7870 Girard Ave, La Jolla
rangonistore.com | 858-459-4469

Best Sporting Goods**La Jolla Swim & Sport**

(see listing under Best Swim Shop)

Best Sunglasses (tie)**Eyestructure**

Eyestructure prides itself as being the ultimate luxury optical dispensary. The extensive inventory stems from all over the globe to offer customers a diverse choice of frame styles. Eyestructure stays current on all the eyewear trends, and is confident to state that the staff can find a frame that matches your style. Glasses are a custom accessory which expresses your personality. The knowledgeable and highly experienced staff maximizes the customization of the perfect pair of glasses. Customers are fitted into free-form progressive lenses by Zeiss. Your eyewear needs do not get more personalized than Eyestructure.

1232 Prospect St, La Jolla
eyestructure.net | 858-551-7959

Optical Artisans

(See under Best Eyewear)

930 Silverado St, La Jolla
opticalartisans.com | 858-454-0191

Best Surf Shop**Mitch's Surf Shop**

Established in 1967 near Windansea Beach, Mitch's Surf Shop is the ultimate destination for local surfers and skateboarders. With a vast inventory of ready-to-go surfboards, blanks, handmade custom fins, and other essential accessories, Mitch's has everything you need to build your own board. The shop is also popular with the skate crowd, offering a wide selection of skateboards from brands like Arbor, Sector 9, and Skatedesigns. Mitch's continues to be a cornerstone of the local surf and skate community.

631 Pearl St, La Jolla
mitchssurfshop.com | 858-459-5933

Best Swimsuits**La Jolla Swim Sport**

Issakov, who grew up swimming in La Jolla Cove, has channeled her love of ocean swimming into helping others feel at home in the ocean. "It's remarkable what has happened since I hung up the sign out in front of the swim shop. The response has been amazing." From Argentina to Canada, Australia to England, swimmers from all over the world have joined in. La Jolla Swim Sport has become a hub for ocean swimming enthusiasts globally, creating a welcoming and supportive community.

7852 Ivanhoe Ave, La Jolla
858-454-4002
lajollaswimandsport.com

Best Tourist Spot (tie)**Birch Aquarium**

Birch Aquarium at Scripps is the public exploration center for the world-renowned Scripps Institution of Oceanography at UCSD. Perched on a bluff overlooking the Pacific Ocean, Birch Aquarium features more than 60 habitats showcasing a diverse range of fishes and invertebrates. From the cold waters of the Pacific Northwest to the tropical waters of Mexico and beyond, visitors can explore the fascinating marine life and ecosystems. Birch Aquarium provides an educational and engaging experience for all ages, highlighting the beauty and importance of ocean conservation while offering stunning ocean views and interactive exhibits. So whether you're traveling from out of town or a local, Birch Aquarium is one of our favorite places to visit.

2300 Expedition Way, La Jolla
858-534 3474 | aquarium.ucsd.edu

La Jolla Cove

La Jolla Cove is a small, picturesque cove and beach surrounded by stunning cliffs in La Jolla. Protected as part of a marine reserve, it boasts a rich underwater ecosystem, making it a popular spot for snorkelers, swimmers, and scuba divers. The Cove's natural beauty and abundant marine life make it a must-visit destination

for anyone traveling to San Diego. Whether you're exploring underwater or enjoying the breathtaking scenic views from the shore, La Jolla Cove offers an unforgettable experience. For more information, visit LaJolla.com and plan your visit to this beautiful destination.

Best Women's Apparel**Sigi's Boutique**

(see listing under Best Fashion Accessories)

Professional Services**Best Accounting (tie)****Steven Alpinieri, CPA**

If you think it's time to ask an accountant to help you get your finances and records in order, the firm of Steven Alpinieri CPA, an Accountancy Corporation can provide the guidance you require. Based in La Jolla, they work mostly with small and medium operations. When someone brings a job, it gets the attention to detail it demands. They offer year-round services, flexible hours and reasonable payment terms. You can also relax knowing they put the satisfaction of clients first.

7575 Eads Ave, Ste 102, La Jolla
858-230-6610

Russell Ingledew, CPA

Russell E. Ingledew has more than 20 years of experience working in tax planning and preparation for individuals, business entities, nonprofits, trusts and estates. At Russell Ingledew, CPA, Inc., clients benefit from both the personal attention provided and the resources and experience associated with a firm serving more than 150 businesses and 350 individual clients. Ingledew takes great pride in those he serves.

7301 Girard Ave, Ste 303, La Jolla
lajollacpa.com | 858-454-2190

Best Architect**Mark D. Lyon, Inc.**

Architect Mark D. Lyon, Inc. is the recipient of this year's Best Architect Award and a consistent winner. As a full-service architectural and planning firm, offering expertise in residential, coastal planning, commercial, and historic restoration projects. Mark D. Lyon has earned a reputation for imaginative design solutions, efficient project management, and strict adherence to both schedule and budget. Their commitment and innovative approach makes them a top choice for clients seeking high-quality architectural services.

410 Bird Rock Ave, La Jolla
mdla.net | 858-459-1171

Marengo Morton Architects

The award-winning team at Marengo Morton Architects is constantly seeking new ways to sharpen their skills and develop their creativity. Their passion for style transcends imitation, aiming instead for self-expression. Each property is treated as a sculpture, with a unique composition of function and form, shape and style. The result is a signature statement that reflects the individuality of the property owner. Marengo Morton Architects' dedication to innovative design ensures that every project stands out with its own distinctive character and elegance.

7724 Girard Ave, La Jolla
marengomortonarchitects.com
858-459-3769

Best Attorney**Mark Krasner of Blanchard Krasner & French**

Mark Krasner, a co-founder of Blanchard Krasner & French, has more than 40 years experience as a certified public accountant and attorney in a wide variety of matters and industries. His areas of practice include mergers and acquisitions, real estate, tax matters, family law, purchases and sales, licensing, franchising, corporate and partnership structuring and reorganizations, international trade and estate planning. Mark is also involved in multiple nonprofit organizations, including but not limited to the Scripps Hospital Citizens Advisory Board, Nevada Museum of Art, Promises 2 Kids, Big Brothers Big Sisters and is also active in local, state and national politics.

800 Silverado St, 2nd Fl, La Jolla
bkflaw.com | 858-551-2440

Best Auto/Detail Shop**La Jolla Hand Carwash**

La Jolla Hand Carwash offers top-notch car detailing services, ensuring your vehicle looks its best inside and out. With a team of skilled professionals, they provide meticulous hand washes, waxing, and interior cleaning using high-quality products. Known for their attention to detail and excellent customer service, La Jolla Hand Carwash is the perfect choice for maintaining your car's appearance. Visit them for a superior car care experience.

909 Prospect St, La Jolla
lajollahandcarwash.com
858-456-1556

Best Auto Repair (All Makes)**Family Auto**

Family Auto is an independently owned and operated full-service auto shop dedicated to providing the best possible vehicle and customer service. They work on all makes and models, ensuring comprehensive care for any vehicle. Their waiting area includes free Wi-Fi, a refreshment station, a children's play area, and a shuttle service for your convenience. One visit and you'll understand why this auto service has been voted La Jolla's top choices. Experience exceptional care and service at Family Auto, where your satisfaction top priority.

1027 Virginia Way, La Jolla
858-260-2000

Best Auto Repair (Imports)**Marco Polo Independent****BMW & Mini Service**

Marco Polo Independent has been servicing BMW and MINI automobiles in the La Jolla area for more than 38 years, providing automotive maintenance, repairs and improvements for all years of BMW. They have also serviced new model MINI automobiles for more than 18 years. The experienced staff of mechanics and quality of workmanship, has earned them a reputation amongst customers for having reliable auto services at affordable prices. Experience the Marco Polo difference for yourself—don't get charged a premium just because they're in La Jolla.

7464 Draper Ave, La Jolla
marcopolo-independent.com
858-454-2002

Best Bank (tie)**Poppy Bank**

Since opening its first branch in 2005, Poppy Bank has grown to more than \$5 billion in assets with branches throughout the San Francisco Bay Area, Roseville, Sacramento Area and So.Cal. Poppy Bank specializes in business lending and offers a full array of personal/business banking products and services. The bank's commitment to clients has propelled its success and garnered national recognition for performance. Poppy Bank is five-star rated by BauerFinancial, the leading independent bank and credit union rating firm, and is recognized as one of the best performing financial institutions in the country.

7544 Girard Ave, La Jolla
poppy.bank | 858-454-1013

Wells Fargo

Wells Fargo in La Jolla provides a full range of financial services, including personal and business banking, loans, mortgages, and investment advice. Known for their reliable customer service and comprehensive banking solutions, Wells Fargo is committed to helping clients achieve their financial goals. Visit their La Jolla branch for all your banking needs and personalized service.

7714 Girard Ave, La Jolla
wellsfargo.com | 858-454-0361

Best Car Wash**La Jolla Hand Carwash**

(See under Best Auto Detail)

Best Childcare/Preschool**Dan McKinney Family YMCA**

The Dan McKinney Family YMCA has been proudly serving La Jolla families since 1964. Dedicated to empowering people to be healthier in spirit, mind and body, the Y believes a strong community can only be achieved when we invest in our kids, our health and our neighbors. As a leading nonprofit, the Y offers programs that foster youth development, promote healthy living and advance social responsibility. They offer a safe, nurturing and supportive environment for people from all backgrounds and walks of life and bring about meaningful change within themselves.

8355 Cliffridge Ave, La Jolla
858-453-3483

West Coast Electric Solutions, Inc.
Proudly Serving San Diego for Over 41 Years CA Lic. # 387080

BEST ELECTRICIAN

Thank you La Jolla for voting us as your favorite electrician 15 years in a row!



Residential • Commercial • Home Theatre • Lighting • Service Upgrade

(858) 565-7897 wcesolutions@yahoo.com
www.wcesolutions.com

Purpose-built spaces that simplify your life

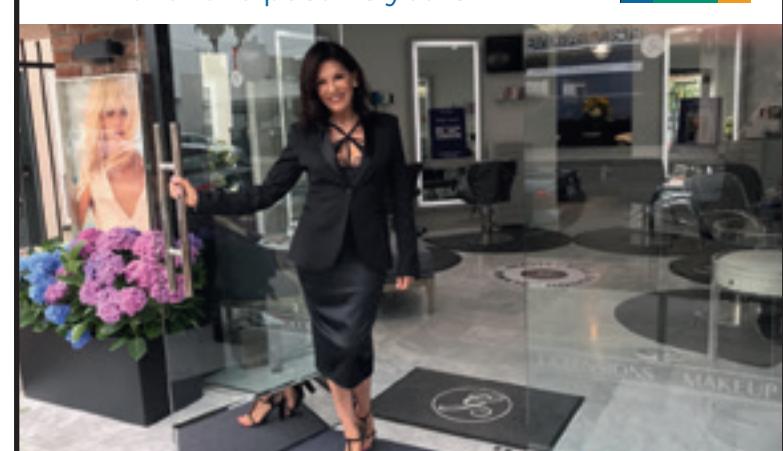


Benton & Benton ARCHITECTS

7757 Girard Avenue | La Jolla, California | 858.459.0805
benton-benton.com

THANK YOU for voting me BEST STYLIST

And for your continued support over the past 46 years



I have always had a passion for hair style and have studied at L'Oréal Academy in Paris, London, Los Angeles and San Diego. I continue to study the latest trends in hair and am also a color specialist. I would also like to thank my talented staff. We all look forward to helping you feel and look beautiful. - Glidia

Color • Hair Cuts • Extensions • Blowdrys

Stylists:
Robert Sanchez | Sal Khader
Ella Kazminkiy | Daryana Mikhnicck
Fay Ave Ste K La Jolla (858) 456-8700 7760

Glidia



Best Cleaning Service**Molly Maids**

There's no better way to save valuable time than with professional housekeeping services from Molly Maids. Their experienced team ensures your home is spotless, allowing you to enjoy a clean, comfortable environment without the hassle of doing it yourself. Molly Maids provides thorough and reliable home cleaning services tailored to meet your needs. Experience the benefits of professional home cleanings and a beautifully maintained living space. mollymaid.com | 858-673-8111

Best Computer Repair**Endless Technology****Solutions**

Endless Technology Solutions specializes in providing cutting-edge IT services tailored to businesses of all sizes. Our expert team delivers reliable solutions in network management, cybersecurity, cloud services, and IT consulting. With a commitment to innovation and customer satisfaction, we ensure your technology needs are met efficiently and effectively. Partner with us to

elevate your business operations with seamless technology integration.

888 Prospect St Suite 200, La Jolla, 619-400-7581
endlesstechsolutions.com

**Best Contractor/
Construction****Grunow Construction**

Grunow Construction is a residential contractor serving the La Jolla area for over 35 years. Grunow's work includes custom home remodels and some custom commercial upgrades. Grunow maintains a high quality, select group of long-term employees. Grunow's mission is to provide their clients with a consistently high standard of craftsmanship and service. Their premier service provides detailed bidding and quality project management along with consistent communication which ensures long lasting relationships. Grunow is built on trust and consistent performance. Tom has been an active community volunteer serving as President of the LJ Historic Society, the Founding board President of the Winston School, a vestry member and head of the building committee at

St James Church, the general contractor for the Map in LJ Shores, contractor for the Rec Center bocce ball court, the flagpole restoration in Park Row, and a member of the Vision Committee at the Rec Center.

1121 Torrey Pines Rd, La Jolla
grunowconstruction.com
858-459-8742

Best Dog Grooming
La Jolla Grooming

La Jolla Grooming Co. extends heartfelt thanks to all their furry friends, families, and supporters for this honor. The team appreciates the patronage over the past year and eagerly looks forward to beautifying pets throughout 2023. Known for their exceptional grooming services, La Jolla Grooming Co. is committed to making your pets look and feel their best. Their dedication to quality and care ensures that your beloved pets receive top-notch grooming and attention. With a passionate and skilled team, La Jolla Grooming Co. guarantees a positive and pampering experience for every pet.

7709 Fay Ave, La Jolla
858-246-6235 | lajollalovespets.org

leather and suede cleaning, restoration, and preservation services at their new state-of-the-art, award-winning plant in Kearny Mesa. Margaret's specializes in high-end dry cleaning, bridal gowns, handbags, leathers and suedes. Home services include drapery, area rugs, and memorabilia. Complimentary pick-up and delivery are included in their service areas.

7511 La Jolla Blvd, La Jolla
margarets.com | 858-454-2375

We have a whole store full of ings beyond shipping.

But our 2 favorite things are Winning & Thanking You for Voting us Best Shipping and for your support over the years.

Everything for small business.
And, of course shipping.

The UPS Store 
of Bird Rock

Serving the community since 1980
5580 La Jolla Blvd; La Jolla, CA 92037
P: (858) 459-4077 | F: (858) 459-3025 | E: store0003@theupsstore.com

scanning
mailboxing
printing
notarizing
consulting
copying
packing
delivering
boxing
designing
receiving
supplying
brochuring
direct-mailing
flyering
shredding
returning

**Handyman
of La Jolla & Del Mar**

Many thanks to our customers and supporters of La Jolla for the honor of being voted Best Handyman of La Jolla for 11 years running: 2014 – 2024

Brian Papazian
handymanoflajollaanddelmar.com
Tele: 858-459-3860



**READERS
CHOICE
AWARDS**
RETAIL/SERVICES
2024

**Thank You La Jolla
for voting us
your favorite hotel
in La Jolla.**

Inn by the Sea 
La Jolla, CA

858-459-4461

Wish you were here...

7830 Fay Avenue, La Jolla
www.innbytheseatlajolla.com



TRUE BEAUTY
SAN DIEGO PLASTIC
SURGERY & SPA

Call for details!

7746 Herschel Ave. La Jolla, CA 92037
(858) 454-SKIN (7546)
truebeautysd.com | @truebeautysd



Your hair is our *passion*.

*Thank you for voting us
Best Hair Salon in La Jolla!*

Your best hair is waiting.

MON - FRI: 10 AM – 7 PM
SAT: 8 AM – 6 PM
SUN: CLOSED

7923 Girard Ave. La Jolla, Ca 92037
858-454-1607
bellesirenesalon.com

MON - FRI: 10 AM – 7 PM
SAT: 8 AM – 6 PM
SUN: CLOSED

Pearl Street Cleaners

Pearl Street Cleaners in La Jolla offers premium dry cleaning and laundry services with a focus on quality and customer satisfaction. Their expert team uses state-of-the-art equipment and eco-friendly products to ensure your garments are cleaned and cared for to the highest standard. Known for their meticulous attention to detail and excellent service, Pearl Street Cleaners is the perfect choice.

7602 Pearl St, La Jolla
pearlstreetcleaners.com
858-459-8665

Best Electrician

West Coast Electric

West Coast Electric Solutions, Inc. is a family owned business that has been serving the San Diego area proudly since 1979. All the electricians are licensed, insured and bonded. They are a full service electrical company for all your residential or commercial needs. West Coast Electric Solutions values customer service and takes pride in our work and attention to detail.

wcesolutions@yahoo.com

858-565-7897

Best Financial Planner

Wells Fargo Financial Advisors

The team of Financial Advisors can provide a full range of financial products and services, from helping you select individual investments to developing a retirement plan. They have access to a broad array of company resources — including research analysts and economic and market experts who help make informed recommendations based on your needs.

888 Prospect St, Ste. 301, La Jolla
wellsfargoadvisors.com
858-459-0521

Best Florist

Bridget's Blooms

One stop at Bridget's Blooms will brighten even the gloomiest day. This charming local florist is run by Bridget Oleata and her husband Michael, who are dedicated to creating beautiful, personalized bouquets for any special occasion. With their expert guidance, you can design the perfect floral arrangement to suit your needs. They offer free delivery seven days a week for their

858-459-0521

7944 Princess St, La Jolla
kathleenbuoymaster.com
858-456-2850

Best Handyman

Handyman of La Jolla & Del Mar

With over 30 years of experience in construction, remodeling, and handyman services, Handyman of La Jolla & Del Mar offers reliable, clean, and quiet service. Whether you need interior or exterior work, or a bit of both, they are here to help. From remodeling and repairs to general maintenance for homes and condos, Handyman of La Jolla & Del Mar can handle it all. Trust their expertise for quality workmanship and exceptional service.

handymanofla jolladelmar.com
858-459-3860

Best Interior Design (tie)

Kathleen Buoymaster

Kathleen Buoymaster Interior Design is an interior design firm that offers a wide array of services for both residential and commercial clientele. Since 1985, Kathleen has emphasized highly personalized service through continual detailed communication with clients. Whether a client is seeking one piece of furniture to complete a room or to re-conceptualize their entire home or office, Kathleen can assist with painting, furniture selection, and arrangement. Her dedication to creating beautiful, functional spaces has made her a trusted name in the industry.

7944 Princess St, La Jolla
kathleenbuoymaster.com
858-456-2850

Best Jeweler Design & Repair (tie)

Mario Master Jeweler Design and Repair

Mario Master Jeweler Design and Repair has specialized in custom jewelry designs since 1990. Most of his creations are handmade to order. Bring your idea to Mario, and he will turn it into a reality. Join the thousands of customers who return again and again to let Mario create a jewelry masterpiece or handle intricate repairs. With a reputation for exceptional craftsmanship and personalized service, Mario is a trusted jeweler in La Jolla.

7515 Fay Ave, La Jolla
858-454-0952

CJ Charles Jewelers

Purveyors of fantasy, CJ Charles has been a

A little piece of paradise.

With a whole lot of benefits.

White Sands is La Jolla's premier Life Plan Community offering stunning apartment homes and amenities amid a spectacular oceanfront setting. Experience the benefits of connection, well-being and security with a view second to none.

LUXIA
VILLAGE NEWS
READERS
CHOICE
AWARDS
RETAIL/SERVICES
2024

VOTED BEST
SENIOR LIVING
GOLD MEDAL

WHITE SANDS LA JOLLA

Please call (858) 257-4877 to request a tour or visit WhiteSandsLaJolla.com

7450 Olivetas Avenue

La Jolla, CA 92037

(858) 257-4877

WhiteSandsLaJolla.com



White Sands La Jolla is owned and managed by HumanGood SoCal, a California nonprofit public benefit corporation serving older adults since 1955. License #372000641, DHS License #080000109. Certificate of Authority #303.

White Sands La Jolla

a human good community

Californian institution since 1986. Family owned and operated by Vahid Moradi, the team is dedicated to fulfilling their tagline, "Exceeding the Extraordinary." As authorized dealers for distinguished watch brands such as A. Lange & Sohne, Cartier, Panerai, Jaeger-LeCoultre, Bvlgari, and Montblanc, CJ Charles offers an exceptional selection. Since 2014, they have proudly represented IWC Schaffhausen in the San Diego area. The new IWC Boutique invites clients and the community to experience the world of fine watchmaking. The boutique also houses a watch service center, providing high-quality, affordable repairs for fine timepieces. CJ Charles looks forward to serving you.

1135 Prospect Street, La Jolla
858-346-530 | cjcharles.com

Best Landscape Revolution Landscape Architecture

The mission of Revolution Landscape is to create beautiful, eco-friendly landscapes that you will love, perfectly tailored to your unique aesthetic and special purpose. Revolution Landscape provides comprehensive landscape architectural design and installation services for La Jolla and other select areas of coastal San Diego. Their team is dedicated to transforming your yard into a stunning and sustainable outdoor space. With a focus on quality and environmental responsibility, Revolution Landscape ensures your landscape is both beautiful and eco-friendly. Contact them today to turn your yard into a special place that reflects your vision and values.

Ari Tenenbaum, CA RLA Lic# 6656
858-337-6944
revolutionlandscape.com

Best Mortgage Agent (tie)

Tracy Trudeau

Tracy Trudeau at Origin Point brings extensive experience and expertise to the mortgage industry. After graduating from UCLA, he gained comprehensive knowledge in underwriting and pricing. With a broker's license since 1997, Tracy specializes in analyzing and structuring complex financing for individuals and businesses, especially self-employed borrowers. He has funded over \$1B in mortgages, helping clients achieve homeownership and real estate goals. Outside of work, Tracy enjoys surfing, tinkering with his 1951 Ford woody

wagon, and traveling with his wife.
7755 Fay Ave. Ste. A
858-216-4385 | tracytrudeau.com

Ed Woolery

Clients looking for a smart mortgage consultant and a company that really cares go to Ed Woolery and Guaranteed Rate Affinity for all their home financing needs. You can count on him to listen and understand your vision, and stay committed to doing what's in your best interest. Ed knows that every client has different financial goals, so he takes the time to understand your vision in order to recommend smart mortgage solutions. As a consultant, he is backed by a dedicated team of loan assistants, processors, underwriters and closing specialist highly trained and well versed in the industry. He and his team consistently deliver smart choices to clients year after year.

930 Prospect St, La Jolla
858-922-3325
Ed.Woolery@grerate.com

Best Painter

Chism Bros. Painting

Since its inception, Chism Bros. have strived to become the leading residential painting company in La Jolla by consistently providing exceptional quality and dependable service. They're not just about painting—they are about people. They value clients, and put employees first and invest in serving the community. Thank you for voting Chism Bros Painting as your area leader in painting.

7958 Convoy Ct, San Diego, CA 92111
chismbrothers.com | 858-454-3850

Best Pet Hospital (tie)

Windan'Sea Veterinary Clinic

The doctors and staff of Windan'Sea Veterinary Clinic collaborate closely with every client to meet the individual needs of your beloved pets. The hospital's commitment to veterinary excellence is exemplified by its doctors and medical director, Dina Raichel, MS, DVM. The Windan'Sea team takes pride in the fundamental belief that pets deserve the best of care throughout all stages of their lives and treats every pet as if it were their own. From routine check-ups to specialized treatments, Windan'Sea Veterinary Clinic ensures your pet receives the highest quality care.

6911 La Jolla Blvd, La Jolla
windanseavet.com | 858-454-0354



BALANCED
FITNESS & HEALTH



LA JOLLA
VILLAGE NEWS
READERS
CHOICE
AWARDS
RETAIL/SERVICES
2024

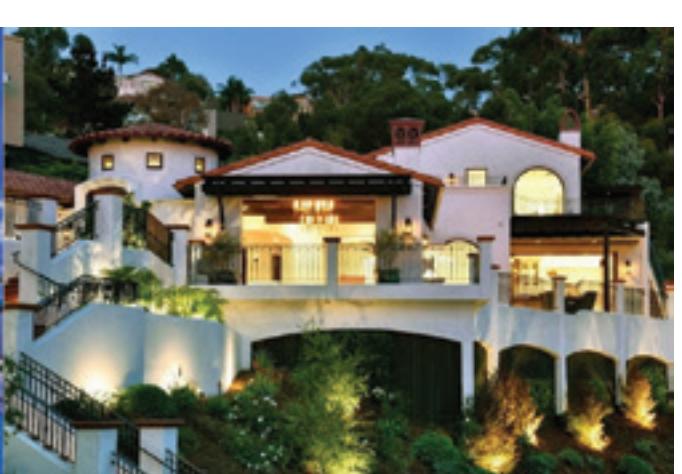
7680 Girard ave La Jolla
858.456.2595
Mgmt@BalancedFitnesshealth.com

Join Now
and Get
30 Days
Free!

Amenities

- Open Gym Access
- Personal Training
- Group classes
- Steam Rooms
- Free Parking
- Towel Service
- Complimentary fruit, and Coffee from Brick and Bell
- Senior/Military Discount

Thank You, La Jolla For Voting Us BEST HEALTH CLUB!



**Thank you La Jolla
for choosing
Marengo Morton for
Best Architect
8 times in a row
Gold winner.**

We love our community!



**Marengo Morton
Architects**



The Village Veterinary Hospital

The Village Veterinary Hospital in La Jolla provides top-notch veterinary care for your beloved pets. Offering a full range of services including wellness exams, vaccinations, dental care, and surgery, their experienced and compassionate team is dedicated to ensuring the health and happiness of your furry friends. Known for their personalized care and advanced medical treatments, The Village Veterinary Hospital is the trusted choice for pet owners in the community.

7523 Fay Ave, La Jolla, CA 92037
villagevetslajolla.com | 858-456-2345

Best Pet Sitting/Boarding DogZenergy

DogZenergy, offers complete canine care. Not just another dog walking service, DogZenergy also organizes exercise play groups and the most premier positive reinforcement dog training program to truly change your dog's life. Your dog will be physically and mentally exercised so that

9085 Aero Dr, Ste. B, La Jolla
619-286-6348

Erling Rohde Plumbing

Erling Rohde Plumbing a family-owned

he can be the best dog that he can be. This place can turn your out-of-control dog into a calm, zen dog. They provide in-home overnight pet sitting that allows your dog to stay in the comfort of their own home. dogzenergy.com | 858-349-5700

Best Plumber (tie)**Bill Howe Plumbing**

Bill Howe Plumbing in La Jolla is a trusted provider of comprehensive plumbing services, known for their reliability and expertise. Offering a full range of solutions including repairs, installations, and maintenance, their experienced technicians ensure high-quality workmanship and excellent customer service. Whether you need emergency plumbing, water heater services, or pipe repairs, Bill Howe Plumbing delivers prompt and professional results. Committed to serving the community, they are the go-to choice.

9085 Aero Dr, Ste. B, La Jolla
619-286-6348

Architect Mark D. Lyon, Inc.

410 Bird Rock Avenue
La Jolla, CA 92037
WWW.MDLA.NET
(858)459-1171
info@mdla.net

Architect Mark D. Lyon, Inc.

410 Bird Rock Avenue
La Jolla, CA 92037
WWW.MDLA.NET
(858)459-1171
info@mdla.net

Architect Mark D. Lyon, Inc.

410 Bird Rock Avenue
La Jolla, CA 92037
WWW.MDLA.NET
(858)459-1171
info@mdla.net

Architect Mark D. Lyon, Inc.

410 Bird Rock Avenue
La Jolla, CA 92037
WWW.MDLA.NET
(858)459-1171
info@mdla.net

Architect Mark D. Lyon, Inc.

410 Bird Rock Avenue
La Jolla, CA 92037
WWW.MDLA.NET
(858)459-1171
info@mdla.net

Architect Mark D. Lyon, Inc.

410 Bird Rock Avenue
La Jolla, CA 92037
WWW.MDLA.NET
(858)459-1171
info@mdla.net

Architect Mark D. Lyon, Inc.

410 Bird Rock Avenue
La Jolla, CA 92037
WWW.MDLA.NET
(858)459-1171
info@mdla.net

Architect Mark D. Lyon, Inc.

410 Bird Rock Avenue
La Jolla, CA 92037
WWW.MDLA.NET
(858)459-1171
info@mdla.net

Architect Mark D. Lyon, Inc.

410 Bird Rock Avenue
La Jolla, CA 92037
WWW.MDLA.NET
(858)459-1171
info@mdla.net

Architect Mark D. Lyon, Inc.

410 Bird Rock Avenue
La Jolla, CA 92037
WWW.MDLA.NET
(858)459-1171
info@mdla.net

Architect Mark D. Lyon, Inc.

410 Bird Rock Avenue
La Jolla, CA 92037
WWW.MDLA.NET
(858)459-1171
info@mdla.net

Architect Mark D. Lyon, Inc.

410 Bird Rock Avenue
La Jolla, CA 92037
WWW.MDLA.NET
(858)459-1171
info@mdla.net

Architect Mark D. Lyon, Inc.

410 Bird Rock Avenue
La Jolla, CA 92037
WWW.MDLA.NET
(858)459-1171
info@mdla.net

Architect Mark D. Lyon, Inc.

410 Bird Rock Avenue
La Jolla, CA 92037
WWW.MDLA.NET
(858)459-1171
info@mdla.net

Architect Mark D. Lyon, Inc.

410 Bird Rock Avenue
La Jolla, CA 92037
WWW.MDLA.NET
(858)459-1171
info@mdla.net

Architect Mark D. Lyon, Inc.

410 Bird Rock Avenue
La Jolla, CA 92037
WWW.MDLA.NET
(858)459-1171
info@mdla.net

Architect Mark D. Lyon, Inc.

410 Bird Rock Avenue
La Jolla, CA 92037
WWW.MDLA.NET
(858)459-1171
info@mdla.net

Architect Mark D. Lyon, Inc.

410 Bird Rock Avenue
La Jolla, CA 92037
WWW.MDLA.NET
(858)459-1171
info@mdla.net

Architect Mark D. Lyon, Inc.

410 Bird Rock Avenue
La Jolla, CA 92037
WWW.MDLA.NET
(858)459-1171
info@mdla.net

Architect Mark D. Lyon, Inc.

410 Bird Rock Avenue
La Jolla, CA 92037
WWW.MDLA.NET
(858)459-1171
info@mdla.net

Architect Mark D. Lyon, Inc.

410 Bird Rock Avenue
La Jolla, CA 92037
WWW.MDLA.NET
(858)459-1171
info@mdla.net

Architect Mark D. Lyon, Inc.

410 Bird Rock Avenue
La Jolla, CA 92037
WWW.MDLA.NET
(858)459-1171
info@mdla.net

Architect Mark D. Lyon, Inc.

410 Bird Rock Avenue
La Jolla, CA 92037
WWW.MDLA.NET
(858)459-1171
info@mdla.net

Architect Mark D. Lyon, Inc.

410 Bird Rock Avenue
La Jolla, CA 92037
WWW.MDLA.NET
(858)459-1171
info@mdla.net

Architect Mark D. Lyon, Inc.

410 Bird Rock Avenue
La Jolla, CA 92037
WWW.MDLA.NET
(858)459-1171
info@mdla.net

Architect Mark D. Lyon, Inc.

410 Bird Rock Avenue
La Jolla, CA 92037
WWW.MDLA.NET
(858)459-1171
info@mdla.net

Architect Mark D. Lyon, Inc.

410 Bird Rock Avenue
La Jolla, CA 92037
WWW.MDLA.NET
(858)459-1171
info@mdla.net

Architect Mark D. Lyon, Inc.

410 Bird Rock Avenue
La Jolla, CA 92037
WWW.MDLA.NET
(858)459-1171
info@mdla.net

Architect Mark D. Lyon, Inc.

410 Bird Rock Avenue
La Jolla, CA 92037
WWW.MDLA.NET
(858)459-1171
info@mdla.net

Architect Mark D. Lyon, Inc.

410 Bird Rock Avenue
La Jolla, CA 92037
WWW.MDLA.NET
(858)459-1171
info@mdla.net

Architect Mark D. Lyon, Inc.

410 Bird Rock Avenue
La Jolla, CA 92037
WWW.MDLA.NET
(858)459-1171
info@mdla.net

Architect Mark D. Lyon, Inc.

410 Bird Rock Avenue
La Jolla, CA 92037
WWW.MDLA.NET
(858)459-1171
info@mdla.net

Architect Mark D. Lyon, Inc.

410 Bird Rock Avenue
La Jolla, CA 92037
WWW.MDLA.NET
(858)459-1171
info@mdla.net

Architect Mark D. Lyon, Inc.

410 Bird Rock Avenue
La Jolla, CA 92037
WWW.MDLA.NET
(858)459-1171
info@mdla.net

Architect Mark D. Lyon, Inc.

410 Bird Rock Avenue
La Jolla, CA 92037
WWW.MDLA.NET
(858)459-1171
info@mdla.net

Architect Mark D. Lyon, Inc.

410 Bird Rock Avenue
La Jolla, CA 92037
WWW.MDLA.NET
(858)459-1171
info@mdla.net

Architect Mark D. Lyon, Inc.

410 Bird Rock Avenue
La Jolla, CA 92037
WWW.MDLA.NET
(858)459-1171
info@mdla.net

Architect Mark D. Lyon, Inc.

410 Bird Rock Avenue
La Jolla, CA 92037
WWW.MDLA.NET
(858)459-1171
info@mdla.net

Architect Mark D. Lyon, Inc.

410 Bird Rock Avenue
La Jolla, CA 92037
WWW.MDLA.NET
(858)459-1171
info@mdla.net

Architect Mark D. Lyon, Inc.

410 Bird Rock Avenue
La Jolla, CA 92037
WWW.MDLA.NET
(858)459-1171
info@mdla.net

Architect Mark D. Lyon, Inc.

410 Bird Rock Avenue
La Jolla, CA 92037
WWW.MDLA.NET
(858)459-1171
info@mdla.net

Architect Mark D. Lyon, Inc.

410 Bird Rock Avenue
La Jolla, CA 92037
WWW.MDLA.NET
(858)459-1171
info@mdla.net

Architect Mark D. Lyon, Inc.

410 Bird Rock Avenue
La Jolla, CA 92037
WWW.MDLA.NET
(858)459-1171
info@mdla.net

Architect Mark D. Lyon, Inc.

410 Bird Rock Avenue
La Jolla, CA 92037
WWW.MDLA.NET
(858)459-1171
info@mdla.net

Architect Mark D. Lyon, Inc.

410 Bird Rock Avenue

Best Shipping/Packaging (tie)**La Jolla Mailbox**

La Jolla Mailbox Rentals offers customers 24-hour access to mail and postal deliveries. When you have a mailbox at this convenient location, you receive not only a private mailing address, access to delivery of large packages and 24-hour access to your mailbox, but peace of mind. LJ Mailbox also offers printing, copy service, shipping/packaging, scanning, postal services and shredding. UPS, USPS, FedEx & DHL. 5666 La Jolla Blvd, La Jolla 858-456-2216

The UPS Store 0003, Bird Rock

The UPS Store, 0003 in Bird Rock offers a wide range of services including in-store and online printing, document finishing, mail-boxes for all your mail and packages, notary services, packing, shipping, and freight services. Locally owned and operated, they're here to help with all your business and personal needs.

5580 La Jolla Blvd, La Jolla 858-459-4077

Best Travel Agency (tie)**Cadence**

Cadence is an award-winning, internationally recognized travel company dedicated to the art of taking better care of people. They offer curated and customizable solutions for every travel need. They manage strategically focused business travel, plan exceptional meetings and incentive travel programs, and create bespoke personal leisure travel. They specialize in offering advice for incredible travel experiences with status and perks you don't have to earn. Whether you're planning a family vacation, exotic honeymoon, group excursion or a solo journey, they have the perfect resort, vacation package, or cruise line for your vision.

7701 Herschel Ave, La Jolla cadencetravel.com | hello@cadence-travel.com | 858-551-4000

Chayet Travel Network

The Chayet Travel Network will go the extra mile to ensure the planning of your travel experience is as easy and stress-free as possible. They are completely committed to ensuring clients consistently enjoy excellent

value and memorable travel adventures. They stand out because most of their recommendations for accommodation, tours and other travel services come from first hand experience. The La Jolla travel agents specialize in high-end travel or exclusive travel for those who want something more. 7580 Fay Ave, Ste 101, La Jolla chayettravel.com | 858-459-8000

Best Tutoring**Mathnasium of La Jolla**

Mathnasium instructors use a unique assessment process to determine (with great accuracy) exactly what each child knows and what they need to learn. Next, they design a customized learning plan for teaching the concepts the student needs to master. They continually check progress along the way to make sure kids truly understand and retain the concepts taught. The results are transformative – kids will see measurable changes in attitude, confidence, and school progress.

915 Pearl St, Ste D, La Jolla lajolla@mathnasium.com | 858-291-8186

Best Web Design (tie)**ModMacro**

An award-winning web design and digital marketing firm, Modmacro partners with select small businesses to strategically grow their companies. Delivering results that impress the public, communicate your brand personality, and support your goals for growth. All with the boutique experience you crave. ModMacro takes a balanced approach to marketing that provides engaging, but simple ways for people to take action and become customers.

modmacro.com | 858-774-4924

WebXd

WebXd creates websites that position clients for ongoing success. Understanding how we consume media, content, and technology, WebXd focuses on how we digest and respond to stimuli. This approach is both technical and emotional. WebXd prides itself on developing technology that promotes positive experiences, enhancing emotional connectivity to brands. While WebXd thrives on creative ideas and technology, they also prioritize metrics and data. Whether aiming to improve lead generation or sales, WebXd provides solutions

that blend creativity with user data for positive outcomes, connecting businesses with their audiences.

4225 Executive D, Ste 600, La Jolla webxd.net

Health, Beauty & Fitness**Best Acupuncture (tie)****AcuLife**

Good health is the key to quality of life. That's what the folks at AcuLife believe. Their multi-modality holistic approach of using acupuncture, herbal medicine, massage therapy, and nutritional counseling are used to promote balance and wellness. They offer individualized treatment plans, prevention-based health education, and knowledgeable and compassionate care. Their vision is to be the leading integrative health care clinic in So. California providing effective treatments that heal and empower clients to live to life's fullest potential.

8950 Villa La Jolla Dr, La Jolla 858-210-0969 | myaculife.com

Wonderworks

(See Best Alternative/Integrative Health)

Best Alternative/Integrative Health (tie)**Amorah Kelly/Wonderworks**

Amorah Kelly is dedicated to helping people enhance the quality of their lives by uplifting, grounding, and balancing the body, mind, and spirit. Through gentle acupuncture, Chinese herbal medicine, and energy healing, Amorah provides holistic treatments tailored to each individual's needs. This transformative work occurs in a beautiful, peaceful, and caring environment that encourages relaxation and trust. Healing rooms are equipped with crystal tables and magnetic pads to promote balance, energy, and a deeper healing experience. At Wonderworks, Amorah Kelly creates a sanctuary where clients can achieve greater harmony and well-being.

7742 Herschel Ave Ste, Q, La Jolla, wonderworkshealingarts.com 858-775-1515

speedy recovery, helping you get back to the activities you love. With a focus on personalized care and effective treatments, Team Elite Chiropractic is committed to helping you achieve optimal health and performance.

teamelitechiropractic.com
858-633-8036

Pacific Pearl
(See under Best Holistic Health)**Best Chiropractor (tie)****Team Elite Chiropractic**

Team Elite Chiropractic specializes in sports injury rehabilitation and performance enhancement. They are dedicated to relieving pain and discomfort, enabling you to function at your highest potential. The skilled doctors at Team Elite create individualized treatment plans to ensure a



LEFT COAST GROOMING

Custom and breed-specific haircuts are our specialty!



Thank you for Voting us a FAVORITE for Best Dog Grooming

7443 La Jolla Blvd.
619-871-5849
leftcoastgrooming.com
@leftcoastgrooming.com

COPY COVE
of La Jolla

Copy Cove thanks all of our friends, customers and supporters for this honor. We appreciate your patronage over the last 45 years!

LA JOLLA
VILLAGE NEWS
READERS
CHOICE
AWARDS
2024
BEST PRINTER
16 STRAIGHT YEARS

www.CopyCove.com

701 Pearl St. • La Jolla • 858-456-2444

Signature Skin Care
*By Denise Ann***THANK YOU LA JOLLA**

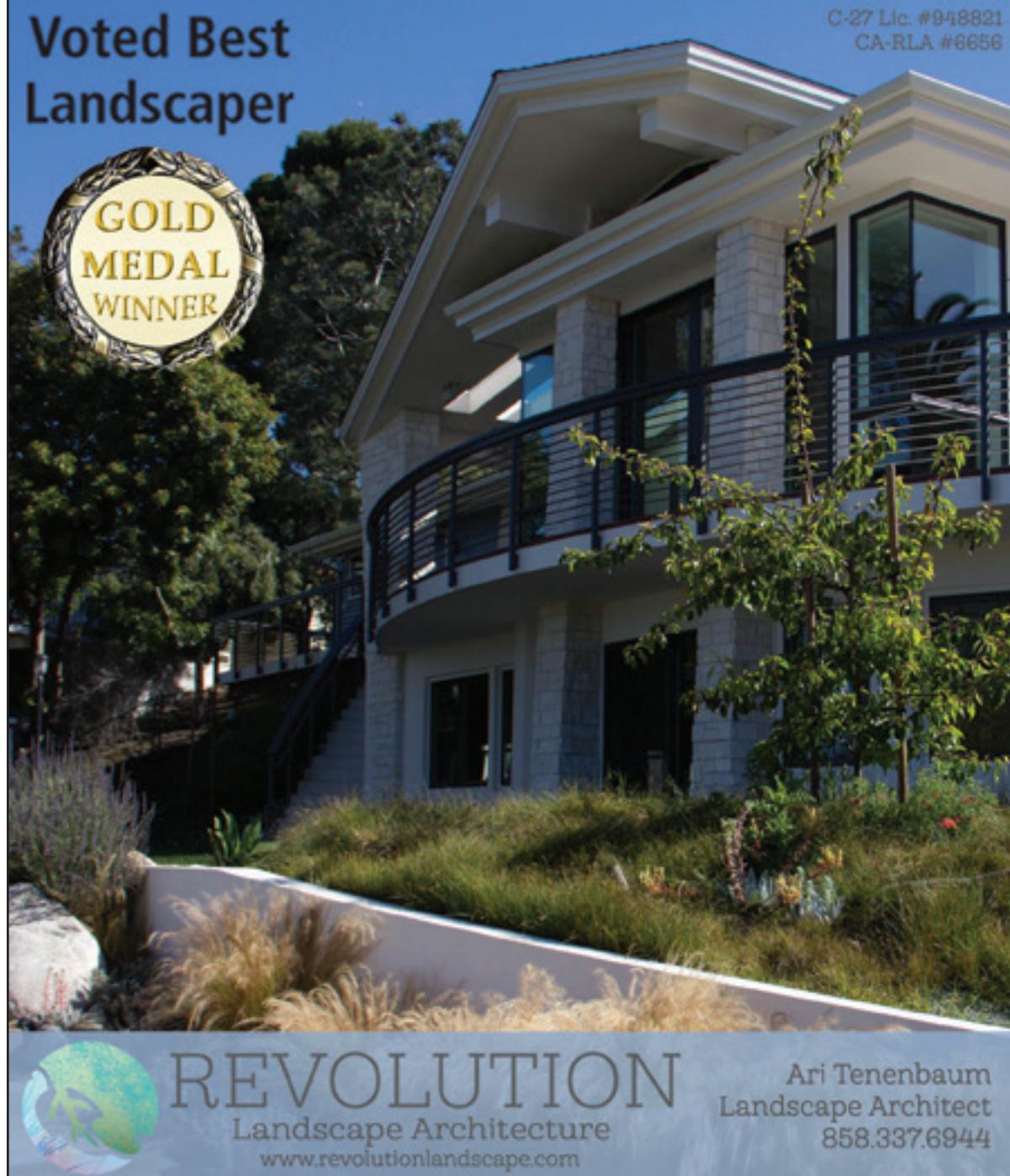
for voting us a Readers Choice for

Best Day Spa

858-444-6782

7760 Fay Ave Ste M La Jolla

Voted Best Landscaper



C-27 Lic. #948821
CA-RLA #6656

REVOLUTION
Landscape Architecture
www.revolutionlandscape.com

Ari Tenenbaum
Landscape Architect
858.337.6944

Active Rest Chiropractic
Active Rest Chiropractic is operated by Dr. Koeppen, a dedicated San Diego chiropractor specializing in "Upper Cervical" alignments—a noninvasive, gentle adjustment to the vertebrae of the neck. Dr. Koeppen's journey began at just 8 years old when he suffered a neck injury that wasn't properly corrected until he found an upper cervical specialist 20 years later. Inspired by his own experience, he has dedicated his life to helping others achieve a pain-free lifestyle. At Active Rest Chiropractic, Dr. Koeppen provides compassionate and effective care to promote optimal health and well-being.

7630 Fay Ave, La Jolla
858-736-4056
activerestchiropractic.com

Best Cosmetic Rejuvenation (tie)
La Jolla Cosmetic Laser Clinic

All of the La Jolla Cosmetic Laser Clinic providers have many years of experience in cosmetic lasers and injectables. Awareness

of the varied responses of mixed ethnicities ensures your skin procedures will be carefully selected to provide not only pleasing results but SAFE results. The team of medical professionals are committed to researching and investing in the best technology and equipment available. Their vision is to individually design skincare programs to help each of their clients look their best, morning, noon and night! You will enjoy renewed confidence, self-esteem and feel good about how you look.

7720 Fay Ave, La Jolla
lajollalaser.com | 858-454-2700

Best Cosmetic Surgery
True Beauty

Brian Reagan, MD, F.A.C.S is one of the nation's top board certified plastic and reconstructive surgeons, whose commitment to excellence is well known by both his peers and patients. Upon graduating from the UC, San Diego's Revelle College, Dr. Reagan attended Cornell Medical College and The New York Hospital, where he conducted award-winning research in the science of healing. He went on to train under the tutelage of several world-rec-

ognized plastic and reconstructive surgeons. As a leader in the industry, Dr. Reagan has authored several scientific articles on his areas of expertise including facial rejuvenation, rhinoplasty and breast reconstruction. Their boutique-style practice and hands-on approach makes them the ideal choice for patients seeking personalized cosmetic results.

7746 Herschel Ave, La Jolla
truebeautysd.com
858-454-SKIN (7546)

Best Day Spa
La Vie Day Spa

La Vie Day Spa offers a tranquil and relaxing atmosphere, a meticulously clean environment, and luxurious clean linens that are replaced for each client. Signature hot stone massages are included in the price, and organic coconut oil is used in all our massages. Our well-trained and certified experts provide professional, courteous, and friendly service. Convenient online booking is also available. Instant gift certificates are available for purchase.

7532 La Jolla Blvd, La Jolla
619-408-6749 | laviedayspasandiego.com

Best Dentist

Dr. Reynolds D.D.S.

Dr. Michael Reynold's exceptional skill, coupled with his unwavering dedication to patient care, sets him apart as the best dentist. His ability to empathize and connect with patients on a personal level fosters a sense of trust and comfort, making dental visits a positive experience. His passion for dentistry is evident in his meticulous approach to every procedure, ensuring the best possible outcomes for his patients. Dr. Reynolds' compassionate nature, combined with his clinical expertise, makes him truly deserving of the award for best dentist.

7742 Herschel Ave, Ste I, La Jolla
858-454-9991

Best Pediatric Dentist

Seaside Pediatric Dentistry & Orthodontics

Seaside Pediatric Dentistry and Orthodontics believe in treating each patient each patient as family. Supported by an experienced, compassionate team, their doctors

are dedicated to ensuring you know you are heard, respected, and valued as an individual. They want you to feel at ease in their care, confident you or your child is receiving the ideal treatment for your specific needs and concerns.

10549 Scripps Poway Pkwy, Ste E
myseasidesmiles.com | 858-271-4200

Best Doctor (tie)
Mimi Guarneri, MD
Pacific Pearl

In the 1990s, Dr. Guarneri recognized the need for a comprehensive approach to cardiovascular disease and co-founded Scripps Center for Integrative Medicine and served as the Medical Director for 15 years—2014, she co-founded Guarneri Integrative Health, Inc. at Pacific Pearl La Jolla. She serves as Medical Director to a team of experts in Conventional, Integrative, Natural, and Functional Medicine. She is Board-certified in Cardiovascular Disease, Internal Medicine, and Integrative Holistic Medicine. As the President of the Academy of Integrative Health and Medicine (AIHM) and the Past President of the American Board of Integrative Holistic Medicine (ABIHM), she consistently lectures as an internationally sought speaker and educator. As a senior advisor for large healthcare systems, she guides the development of integrative medicine and wellness centers.

6919 La Jolla Blvd, La Jolla
858-459-6919 | pacificpearllajolla.com

Dr. Peter Mann

Dr. Peter Mann in La Jolla is a highly respected healthcare professional providing exceptional medical care. Specializing in internal medicine, Dr. Mann offers comprehensive services including routine check-ups, chronic disease management, and preventive care. Known for his compassionate approach and dedication to patient well-being, Dr. Mann ensures personalized treatment plans tailored to each individual's needs. His commitment to excellence makes him a trusted choice for residents seeking quality healthcare. Visit Dr. Mann for expert medical care.

9834 Genesee Ave, La Jolla
drpetermannlajolla.com | 858-555-1234

Best Doctor (Naturopathic)
Pacific Pearl

(see listing under Best Doctor)

Best Hair Salon (tie)
Judy Judy Judy

Known for transforming thin or damaged hair into full, healthy volume, Judy Judy Judy specializes in a patented hair extension system that uses real human hair and a gentle protein bond—adding length and thickness without damage. Clients love the natural look, confidence boost, and expert care from Judy's experienced team. Call for a free consultation and receive \$200 off your first full application.

7734 Herschel Ave, Ste. P, La Jolla
hairextensionsoflajolla.com
858-456-2344

Belle Sirène Salon

Belle Sirène is built on uncompromising quality, open communication, and an exceptional experience from beginning to end, with a touch of Hollywood glamour. Their core focus is to build trust with every client before evolving their look. They prioritize understanding their customers' needs and take the time to establish a clear objective before starting any service. The passionate team of artists at Belle Sirène deeply cares for their clients, ensuring that their time spent there is as unique and memorable.

7923 Girard Ave, La Jolla
bellesirenesalon.com | 858-454-1607

Best Health Club/Gym (tie)
Balanced Fitness and Health La Jolla

Balanced Fitness and Health is a community gym driven by you. Their atmosphere and memberships are tailored to the needs of maintaining, staying focused for your best result. Real goals and real results. It's where providing your fitness and health come first and not the sale—where everybody knows your name and your goals. Everybody's health and routine is different their focus is one member at a time and one success at a time!

7680 Girard Ave Ste 200, La Jolla
858-456-2595
balancedfitnesshealth.com

THANK YOU LA JOLLA for voting us BEST TRAVEL AGENCY

Chayet
Travel Network
IN LA JOLLA SINCE 1987

858-459-8000
7580 FAY AVE STE 101
CHAYETTRAVEL.COM

Thank you La Jolla
for voting us
"Best Senior Living"

www.chateaulajolla.com 233 Prospect Street, La Jolla, CA 858-459-4451

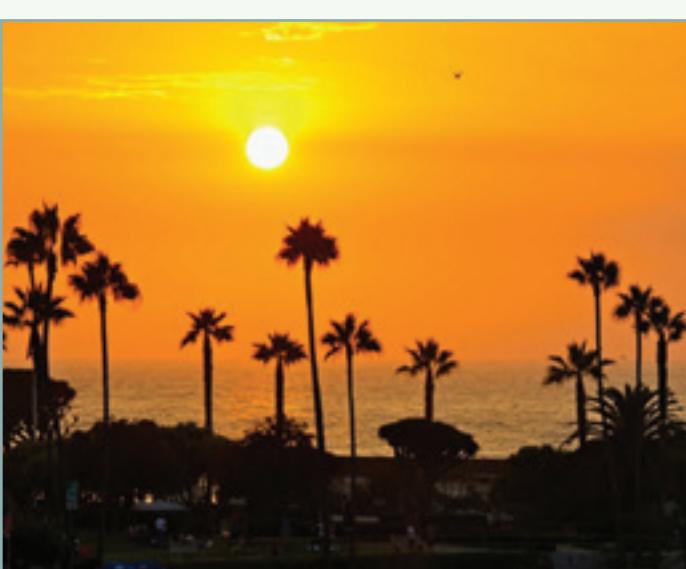


Silver Medal
for Best
Senior Living



THANK YOU for voting us AGAIN! LA JOLLA'S BEST DENTIST

Dr. Michael Reynolds, DDS
7742 Herschel Ave. Ste I, La Jolla
(858)454-9991



La Jolla Life Time

Experience luxury at La Jolla Life Time, located on the corner of Wall Street and Herschel Avenue. This 46,000-square-foot athletic resort features an expansive workout floor, group fitness studios, saunas, steam rooms, a full-service spa, and a cafe. Dedicated to healthy living, it offers everything you need for a balanced lifestyle.

1055 Wall St, La Jolla | 858-410-7100
balancedfitnesshealth.com

**Best Holistic Health/
Integrative (tie)****KOI Wellbeing**

The KOI Wellbeing team of Medical Doctors, Nurse Practitioners and Naturopathic Doctors work together to deliver person-centered, efficient, accessible and cost effective healthcare and services. The integration of Western and Naturopathic medicine, and team share their passion for improving how they provide healthcare is born of their belief that medicine and wellness should be grounded in science, based in nature where possible and tailored to your unique bioidentity. The classically trained and naturopathic doctors work collaboratively at KOI's beautiful offices and treatment regimens are often integrated with KOI's own IV Therapies, Nutrient Injections and highest quality supplements and products.

5632 La Jolla Blvd • La Jolla
858-257-2808 | KOIWellBeing.com

Pacific Pearl La Jolla

Imagine a place where state-of-the-art western medicine meets the best of global healing traditions. Where body, mind and spirit are treated as one, where health is defined as more than the absence of disease, and where prevention is the best intervention. Welcome to Pacific Pearl La Jolla and Guarneri Integrative Health; a unique blend of conventional, integrative and natural medicine practitioners devoted to your health and healing.

9619 La Jolla Blvd, La Jolla
858-459-6919

Best Martial Arts**Rada Jiu-Jitsu**

RADA Jiu Jitsu Academy offers top-notch Brazilian Jiu Jitsu classes in La Jolla for all

levels, from beginners to professional fighters and law enforcement. They focus on fulfilling the goals of each student, whether for exercise, self-defense, or pursuing a career in MMA. Led by 3rd Degree Black Belt Professor Rafael Dallinha, they teach functional Jiu Jitsu for life. Their diverse resources cater to various needs, making learning fun and effective.

7521 Fay Avenue, La Jolla
619-252-5678 | lajollajiujitsu.com

Best Massage**Equanimity Massage
Connie Youngblood**

Connie Youngblood began practicing massage in San Diego in 1996 with a select clientele for the past 23 years in La Jolla. This customer loyalty is a testimony to her dedication and perseverance of excellence. Connie's strengths also include being a Professional Medium with an international clientele. By continually educating herself, diversifying her modalities, and utilizing both skills, she passes on this knowledge to her clients so they can maintain a healthy balance between mind and body.

7752 Fay Ave, La Jolla
619-993-7909 | Mediumexperience.com

Best Nail Salon**Perfect 10 Nails**

Since opening, Perfect 10 Nails has become the ideal destination for those seeking peace and charm. To many, it serves as a social gathering lounge where friends share their weekly events while enjoying beauty treatments. Their services include nails, skincare, and eyebrow care, making it a one-stop-shop for all your beauty needs. With a welcoming atmosphere and a commitment to quality, Perfect 10 Nails ensures every visit is a relaxing and enjoyable experience, helping you look and feel your best for any occasion.

7523 Fay Ave ste C, La Jolla
perfect10nailsajolla.com
858-456-7899

Best Optometrist**Gordon Wong Eye Designs**

Gordon Wong Eye Designs in La Jolla offers premium eye care and stylish eyewear to meet all your vision needs. Specializing in comprehensive eye exams, contact lens fit-

tings, and a curated selection of designer frames, Dr. Gordon Wong and his team provide personalized and attentive service. With a focus on both eye health and fashion, they ensure you receive the best care and the perfect look. Visit Gordon Wong Eye Designs for exceptional eye care solutions.

7742 Herschel Ave, La Jolla
gordonwongeyedesigns.com
858-456-7845

Best Orthodontists**La Jolla Village
Orthodontists**

Dr. Wong and Dr. Upatham of La Jolla Village Orthodontics are board-certified orthodontists committed to creating beautiful smiles and ensuring you stay smiling throughout your treatment. They offer leading-edge orthodontic solutions and design unique treatment plans tailored to your specific goals and clinical needs. With a focus on patient care and advanced techniques, they are dedicated to providing the best possible orthodontic experience.

7755 Eads Ave, Ste 101, La Jolla
858-459-3353
sandiegoorthodontist.com

Best Personal Trainer**John Swain@ Optimum
Fitness and Health**

Optimum Fitness & Health is not your traditional gym. It has a chiropractor, Dr. Robert H. George, specializing in active release technique, rehabilitation and corrective exercise for the spine and extremities, plus fitness training for strength, flexibility and endurance. John Swain, B. S. specializes in sports & orthopedic injuries, massage therapy, sports conditioning and personal training.

7744 Fay Ave, La Jolla | 858-459-0180

Best Pharmacy**CVS**

CVS Pharmacy has been assisting customers with their RX needs for too many years to count. They don't perform like a big box businesses but more like the neighborhood pharmacy it has become over the years. Helping answer questions and going the extra mile to serve local customers is number one.

7525 Eads Ave, La Jolla
858-551-0699

Best Pilates (tie)**SOULutions Pilates**

SOULution Pilates San Diego is passionately committed to offering inspiring, attentive and creative Pilates sessions. We empower you to improve the whole you—mentally, physically and emotionally. SOULution Pilates San Diego is an upscale boutique studio in a unique and peaceful setting. We encourage honest communication with enthusiasm to provide a trustworthy and comfortable environment. SOULution Pilates San Diego is constantly evolving to keep up with current research in health and Pilates to promote the overall wellbeing of our members and a healthy balance between mind and body. We want to help you create a better, fitter and happier version of you.

8813 Villa La Jolla Dr, Suite 2000A,
La Jolla
soulutionpilates.com | 858-337-3921

DAVID AND SONS FINE JEWELERS WOULD LIKE TO
THANK OUR SAN DIEGAN'S FOR CHOOSING US AS THEIR

BEST JEWELER IN LA JOLLA

FOR THE 14TH CONSECUTIVE YEAR IN A ROW

SMILE MORE

LA JOLLA

COMPREHENSIVE COSMETIC DENTISTRY

THANK YOU FOR MAKING US SMILE
BY VOTING US A READERS CHOICE FOR
BEST DENTIST



7855 Fay Ave #110, La Jolla
619-853-3502
westonspencerdds.com



Platform Lagree Fitness

Platform Lagree (formerly Pilates Plus La Jolla) is San Diego's premier Lagree Fitness studio, offering full body group classes that are intense on the muscles and low impact on your body. Our 40-minute, sweat-drenching classes offer the most efficient and effective strength and cardio training that will kick start your metabolism, burn fat, and build strength.

7712 Fay Ave, La Jolla
(858) 456-1516 | platformlagree.com

Best Senior Care

TheKey
(formerly Home Care Assistance)

The best home care combines expertise

and heart. For over 20 years, TheKey—for-
merly Home Care Assistance—has delivered
quality in-home care, supporting older
adults with a wide range of needs and age-
related conditions. We've provided millions
of hours of care to families just like yours.
Today, we're the country's leading provider
of premium in-home care, offering an even
broader range of care services. We're passion-
ate about helping older adults live in
their own home as they age, improving the
quality of life for our clients—and those
who love them.

(858) 304-1513

Best Senior Living (tie)**Casa de Mañana**

Located on Coast Boulevard near La Jolla
Cove, Casa de Mañana is a one-of-a-kind
retirement experience offering independ-
ent living and Truly Yours, our brand of
assisted living services. Here, the views are
breathtaking all times of day. Down-to-
earth, inclusive, engaging and warm, with
all the best of Southern California living.
Casa de Mañana is a world by the sea
where the water sculpts the shore and
where you can continue to enjoy what you
love or discover new passions. Here, you
can connect with extraordinary people as
well as enjoy delicious food, the fresh salt
air, Spanish architecture and much more

The community is as warm as the coastal
sunshine. It's resort-style living and old-
world charm that's surprisingly attain-
able—with no entrance fee. We are open for
in-person tours or move-in. Contact us
today at 800.959.7010 or via email at
CDMsales@frontporch.net for more infor-
mation or to schedule a tour.

849 Coast Blvd, La Jolla
casademanana.org | 800-959-7010

White Sands of La Jolla

As California's only beachfront continuing
care retirement community, White Sands
La Jolla offers an active lifestyle with wel-
coming residents. Take in concerts, water
aerobics classes or trips to nearby musical
and stage performances. Browse through
the well-stocked library, indulge your cre-
ativity in our hobby rooms or simply enjoy
a walk on the beach. Visit WhitesandsLaJolla.com to learn more.

7450 Olivetas Ave, La Jolla
858-454-4201

Best Specialized Workout Facility (tie)**The Perfect Workout**

The Perfect Workout in La Jolla offers a
unique, effective fitness program designed
to maximize results with just two 20-
minute sessions per week. Their certified
personal trainers provide one-on-one guidance,
ensuring exercises are performed
safely and efficiently. Specializing in slow-
motion strength training, The Perfect
Workout helps clients achieve their fitness
goals, whether it's weight loss, muscle ton-
ing, or overall health improvement. Experi-
ence personalized attention and trans-
formative results at The Perfect Workout.

7660 Fay Ave, Suite H, La Jolla
theperfectworkout.com
858-555-1234

StretchLab

StretchLab's methodology was designed to
help you achieve your wellness goals
through customized, assisted stretch ses-
sions. No two bodies are the same, so nei-
ther is a session at StretchLab. Our certified
Flexologists start with identifying tightness
and imbalances, and end in improving
mobility and flexibility. StretchLab mem-
bers come to beat the pain—but they stay to
become better versions of themselves for

years to come, gaining the freedom to move
and opening the doors to longevity in
health.

7863 Girard Ave, Ste. 202, La Jolla
stretchlab.com | 858-225-5980

Best Stylist**Glidia Hargis Salon**

Glidia Hargis has always had a passion for
hair style, glamour, and fashion which led
her to study hair styling at L'Oréal Acad-
emy in Paris, Vidal Sassoon London and Los
Angeles, as well as in San Diego. She con-
tinues to learn and develop her craft by
studying the latest trends in hair, make-
up, color and fashion inspired by regular
trips to Paris. She has recently expanded
her salon, and is dedicated along with her
staff, to make clients feel and look beauti-
ful by defining and enhancing their per-
sonal style. They specialize in a well round-
ed range of beauty services. Glidia's
expertise lie in classic blonding, vibrant
reds and customized haircuts. They are also
wonderful with fashion colors, seamless
balayage and platinum blondes.

7760 Fay Ave Ste K La Jolla
glidia.com | 858-456-8700

Best Tanning Salon**Blush Organic Spray Tanning**

Although fake tans are their thing, when it
comes to the rest of the company, they pre-
fer to keep it real. Their ads won't show
runway models, blinged-out bikinis or
retouched bodies. Instead they choose to
feature real clients, embrace cellulite and
focus on what we each love about our bodies—
like how great our legs look with a fresh
spray tan all year long.

7863 Girard Ave #305, La Jolla
blushtansandiego.com | 858-412-4029

Best Tattoo Parlor**Prospect Ink**

Prospect Ink is a premium tattoo studio
located in La Jolla, California, known for its
clean, modern aesthetic and breathtaking
ocean views. The shop features a talented
roster of resident artists—specializing in
styles such as realism, fine line, black &
gray, illustrative, stipple, and surrealism—
each committed to crafting custom designs
that reflect clients' unique visions. Clients

Guarneri Integrative Health, Inc. Pacific Pearl La Jolla



VOTED BEST
Gold Medal in 4 categories

Thank You!



Best Holistic Integrative Medicine Practice 2024

Experts in Conventional, Integrative & Natural Medicine



Best Doctor

Mimi Guarneri, MD, FACC, ABIHM
World-renowned Cardiologist

Best Naturopathic Doctor Best Holistic

Best Wellness Center Best Acupuncture

858-459-6919

Pacific Pearl La Jolla
6919 La Jolla Blvd. La Jolla CA 92037
PacificPearlLaJolla.com

**THANK YOU
FOR VOTING US**

**BEST EYEWEAR & BEST SUNGLASSES
IN LA JOLLA 5 YEARS IN A ROW!**



OPTICAL ARTISANS

930 Silverado Street La Jolla, CA 92037
(858) 454-0191
suzanne@opticalartisans.com

consistently praise the warm, welcoming atmosphere, meticulous attention to hygiene, and exceptional customer service. With convenient hours, walk-in options, and consultation services, Prospect Ink offers both artistry and comfort in a serene coastal setting.
1224 Prospect St, Suite 150, La Jolla, prospectinktattoos.com | 858-203-3447

Best Urgent Care**Urgent Care of La Jolla**

Urgent Care La Jolla is a convenient, locally owned and operated clinic for family medicine and urgent care. They provide minor emergency care for fever, sprains, cuts, colds, flu-like symptoms, sore throats, asthma, and many other ailments. They can assist in the management of hypertension, high cholesterol, diabetes, and other difficult but non life-threatening medical

conditions. Urgent Care La Jolla also specializes in vascular disease including sclerotherapy and varicose vein treatment.

7634 Girard Ave Ste J, La Jolla
urgentcarelajolla.com | 858-255-8325

Best Yoga Facility**Prana Yoga Center**

Prana Yoga Center, originally founded in 2001 by Gerhard & Alexandra Gessner, is now owned by the Quality Longevity Foundation, a 501(c) non-profit organization dedicated to enhancing health and longevity. Gerhard Gessner, E-RYT, M.A., a long-time La Jolla resident and Yoga teacher with over 35 years of experience, realized his dream of sharing his passion for Yoga by founding PRANA - a serene, light-filled sanctuary in downtown La Jolla, just steps from the Pacific Ocean. Prana has established one of the most reputable and com-

prehensive teacher training programs in San Diego and Southern California with over 500 alumni that now teach in San Diego, across the US and internationally. Prana Yoga has been voted "Best Yoga Studio" by La Jolla Light and has won the "Readers' Choice Award" by La Jolla Village News for several years. With strong roots in the local community, Prana is known for its inclusive, non-dogmatic approach to Yoga, highly trained teachers and welcoming community - recognizing that each body is unique and everyone is welcome!

1041 Silverado St., La Jolla
prana-yoga.com | 858-456-2806

Best Weightloss Clinic**Sarapy Clinic**

Sarapy Clinic in La Jolla offers comprehensive skincare and wellness services tailored to meet individual needs. Specializing

in advanced treatments such as facials, chemical peels, and laser therapy, their experienced team provides personalized care to enhance your skin's health and appearance. With a focus on holistic wellness, Sarapy Clinic also offers nutrition and lifestyle consultations. Known for their expertise and compassionate approach, they ensure each client receives exceptional care and results.

7334 Girard Ave #204, La Jolla
sarapyclinic.com | 858-555-1234

Best Wellness Center (tie)**Koi Wellbeing**

(see listing under Best Holistic Health)

Lifetime La Jolla

(see listing under Best Health Clinic)

**Thank You
for Voting!**

**See you
next year!**



Thank You La Jolla for Voting us 2024 Reader's Choice Award Winners!

AGK DESIGN STUDIO
interior design | coastal living store

AUBREY GRAHAM KENNEDY
Senior Principal Owner/Designer

"Thank you so much for your continued support."

Check out our new location:
1298 Prospect Ste. 1W 858.551.8752 agkdesignstudio.com

Mitch's SURF SHOP
Since '67

LA JOLLA

410 Bird Rock Ave.
858-459-1171
mdla.net

MARCO POLO
INDEPENDENT BMW & MINI SERVICE

Celebrating 40 years!

**Thank you for voting us
Best Import Auto Repair**

**Thank you for
your Support
over the years!**

**VOTED BEST
AUTO REPAIR
(IMPORT)
10 YEARS
IN A ROW**

**(858) 454-2002
7464 Draper Ave. La Jolla
marcopolo-independent.com**

**Thank You for Voting me
Best Massage In La Jolla!**

Equanimity Massage
by Connie Youngblood CAMTC #8904

**Massage Therapy
Medium**
7752 Fay Ave. Ste. D
619-993-7909
mediumexperience.com

**READERS
CHOICE
AWARDS**
RETAIL/SERVICES
2024

AcuLife, Inc.
**BEST ACUPUNCTURE
IN LA JOLLA!**

We are honored to be awarded our 14th Readers Choice Award for Best Acupuncture in La Jolla! We'd like to extend our deepest thank you to everyone who voted for us!

Dr. Julia Robar, DACM, L.Ac.

**FREE
15 MINUTE
PHONE
CONSULTATION**
CALL / TEXT US TODAY:
858.210.0969

8950 Villa La Jolla Drive, Suite B212
La Jolla, CA 92037
858.210.0969
myaculife.com julia@myaculife.com

La Jolla and San Diego's oldest plumbing company
La Jolla's only locally owned and operated Plumber

ERLING RONDE PLUMBING COMPANY
SINCE 1910
Lic. 573106

**The Rohde Family
thanks you for
115 years of
friendship**

**Voted the
Reader's
Choice for
Plumber!**
16
years
in a row!

858-454-4258
erlingrohdeplumbing.com

**THANK YOU
LA JOLLA**

for voting us one of your favorite places to Ship

Owners Melih & Donatello can help you ship anything anywhere. Their motto is

"It CAN be done!" Best MAILBOX prices in town!

INTERNATIONAL & DOMESTIC SHIPPING & MAIL

PAKMAIL

7486 La Jolla Blvd, La Jolla, (858) 456-8573
pakmailajolla.com

Nancy's NAILS
La Jolla Salon and Day Spa

THANK YOU for voting us
ONE OF LA JOLLA'S BEST NAIL SALONS
In Appreciation

20% OFF EYELASHES EXTENSIONS
EXP. 11/10/25 w/ COUPON

10% OFF ANY OTHER SERVICE (EXP. 11/10/25 w/ COUPON)

We offer artificial nails, manicures, pedicures, facial waxing and more!
Our Stylists use organic products.

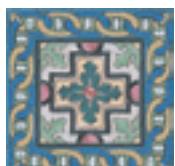
Think GREEN! Let our gracious Staff take care of all your skin and nail needs!
721 Pearl St., La Jolla • (858) 454-2853 nancysnailslajolla.com

Your to-do list looks different here.



Coastal Senior Living • Villa, 1 & 2 Bedroom and Studio Residences

Live here, play here, laugh here. Every day at Casa de Mañana, in historic La Jolla, is full of joy and discovery. Immerse yourself in a vibrant community where indulgence meets inspiration and every moment is meaningfully playful.

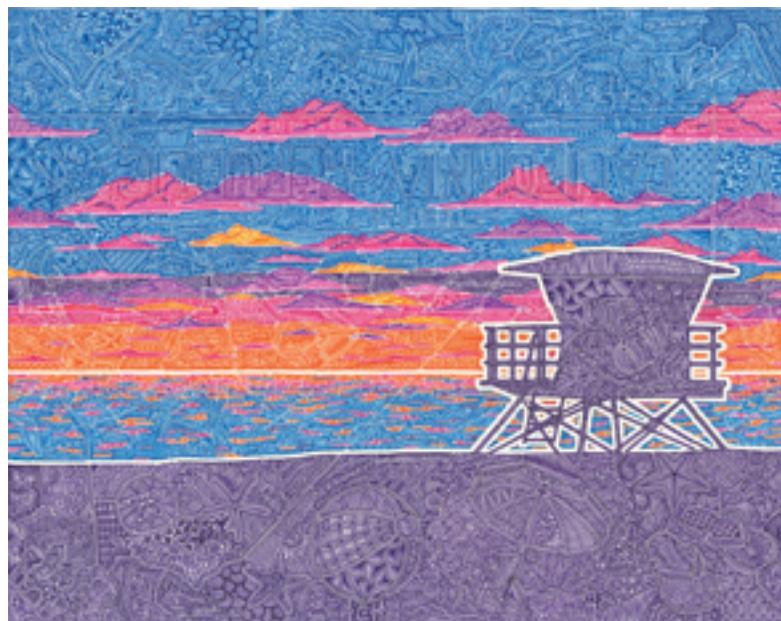


Casa de Mañana
a front porch community

800-959-7010
casademanana.org

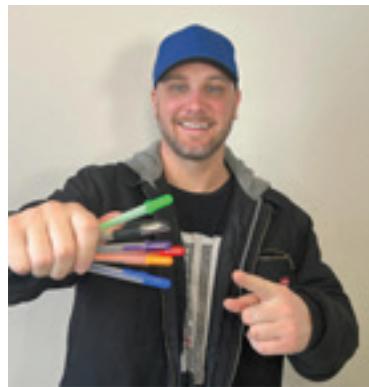
  CA Lic #374603439

Gregg 'Viz' Visintainer – featured artist at La Jolla Art & Wine Festival this weekend



Coastal California is one of Gregg 'Viz' Visintainer's intricately detailed pen-and-ink illustrations filled with hidden messages and micro-stories.

(Photo courtesy La Jolla Art & Wine Festival)



Gregg 'Viz' Visintainer is the 2025 Featured Artist.

(Photo courtesy La Jolla Art & Wine Festival)

LA JOLLA – Celebrating its 17th year on Oct. 11-12, the La Jolla Art & Wine Festival is highlighting Gregg "Viz" Visintainer as its 2025 Featured Artist.

More than a decade after first exhibiting at La Jolla Art & Wine Festival (LJAWF), he returns with an impressive resume of collaborations including Disney, DC Shoes, and the Grateful Dead, as well as a TEDx talk on how art became his therapy and career.

Known for his intricately detailed pen-and-ink illustrations filled with hidden messages and micro-stories, Visintainer's work traces back to his earliest days doodling in a classroom.

ZOMBIE PARTY BUS

If your think fast moving zombies are scary, wait 'til you see zombies riding a bus.

Thriller San Diego has added a shocking new twist to its annual October dance performances, zombies cruising the coastal neighborhoods in a party bus.

The Zombie Party Bus Flash Mob will take place on Oct. 11 from 1 to 5 p.m., with stops at the Oceanside Pier, Moonlight Beach in Encinitas, Fletcher Cove in Solana Beach, La Jolla Cove, Belmont Park in Mission Beach, and the Imperial Beach Pier.

"This is the first year we're doing the party bus," said Larisa Hall of the nonprofit dance studio Tap Fever in Pacific Beach, which is home base for Thriller San Diego.

READ MORE ONLINE AT
timesofsandiego.com

intricate detail and hundreds of hidden elements tied thematically to the larger image in each piece.

In his early 20s, Visintainer started selling his art at local farmer's markets around San Diego and opened the Viz Art Gallery in Carlsbad in 2013. He has since closed the gallery's doors to focus on new endeavors, including a move from San Diego to Idaho, where he currently lives and works with his family.

Today, Visintainer gives back through his "Doodling with Viz" workshops and school programs, helping students discover their own voice through art. His message is clear: creativity matters, even if you don't always color inside the lines.

"Gregg's story is the perfect embodiment of how creative potential can be sparked in the classroom," said Brenda Chand, executive director of the LJAWF.

"His journey from schoolroom sketches to a full-time career as a working artist reflects exactly why we champion arts education in public schools – to give kids like Gregg a chance to explore their full potential. We're honored to welcome him back as our Featured Artist, and to show students what's possible when imagination is encouraged."

Hosted by the La Jolla Art & Wine Festival Foundation, the free, family-friendly event

raises funds to support underfunded programs at local public schools within the San Diego Unified School District, making Visintainer's return a powerful reminder of how access to the arts can shape a future.

For more information about this year's artists and programming, visit ljawf.com.

LA JOLLA ART & WINE FESTIVAL

When: Oct. 11-12.

Where: Girard Avenue, La Jolla.

Tickets: Wine & Beer Garden tickets at ljawf.com.

COMMUNITY CLASSIFIEDS

FREE VENDOR SPACE

Calling All Foodies, Crafters, and Workshop Leaders! NOVA Kombucha Taproom in Ocean Beach (OB) is looking for Food Vendors, Crafty Creators & Workshop Leaders. Their space is yours, free of charge! Why NOVA? Premium location, good vibes and great drinks. Interested? Hit us up at marketing@novobrew.com and let's ride the wave together!

LANDSCAPING

NYC LANDSCAPE MAINTENANCE - Complete Yard Maintenance. Mowing, Hedge work, Tree Trimming, Sprinklers, Planting, Weed Control, Sod, Rock & Bark, Hauling, DG, General Clean-ups. Low Rates & Free Estimates. Please Call: 619-657-4321

SERVICE DIRECTORY

BLINDS, SHADES & SHUTTERS

EXPRESS BLINDS AND MORE

CALL TODAY!
619-461-2101

CLEANING

Residential & Commercial Cleaning

EXCELLENT SERVICE HONEST, RELIABLE
25+ YEARS OF EXPERIENCE

We clean move outs with Handyman Services so you place can be ready for rent Vacation Rental Experts & Home Cleaning Services

AVAILABLE 6 DAYS A WEEK

Call or text for free estimates & phone quote!
(619) 248-5238 Cecilia

CARPET & TILE CLEANING

Service Kings HOME SERVICES

WHERE YOU ARE TREATED LIKE ROYALTY!

Cleaning Carpet, Tile, Upholstery for over 28 years.

CARPET CLEANING SPECIAL

3 ROOMS \$149
SAVE \$45

25% OFF Tile & Grout Cleaning
25% OFF restretching or carpet repairs
Must mention ad. Some restrictions apply.

619-677-6523

Or visit our website at www.service-kings.com

HANDYMAN

RENT-A-HUSBAND

HANDYMAN WITH 30 YEARS EXPERIENCE

MANY SKILLS

HOURLY OR BID

PROMPT, AFFORDABLE, PROFESSIONAL INSURED

Ask for Bob
619-742-0446

HANDYMAN SOLUTIONS

Drywall, Painting, Plumbing, Electrical, Fencing, Flooring, Concrete, Tree Service, Landscaping, Roofing, Hauling.

CALL TONY OR ALEX
619-305-4233

Non-residential

LANDSCAPE/GARDEN

Sunlight Landscape Maintenance & Cleanup

www.sunlightlandscapingmaintenance.com

- HAULING
- YARD FERTILIZED AS NEEDED
- PLANT GROUND COVERS
- SOUNDING & SEEDING
- SPRINKLER INSTALLATION
- SPRINKLER REPAIR
- DRAINAGE INSTALLATION
- ARTIFICIAL TURF FREE ESTIMATE!
- YARD CLEANUP
- RESIDENTIAL & COMMERCIAL
- CONDOS, APARTMENTS, HOMES & OFFICES

MARCOS ORTIZ OWNER

619-379-3837

PLUMBING



FAMILY OWNED & OPERATED
BY A VIETNAM VET

San Diego's Oldest
Plumbing Company.
Offering quality service &
repair for 110 years.

858-454-4258
5771 LA JOLLA BLVD #5
ERLINGROHDEPLUMBING.COM

REAL ESTATE



1 Listing Fee

Walter Zelhofer
858-456-6440

Call: (858) 456-6440

LJVrealty.com

WINDOW CLEANING



Commercial & Residential

Tracks Screens Mirrors Skylights

30 Day Rain Guarantee
Licensed & Insured • Free Estimates

619.252.1385

For legal ads:
FBN's Name Changes, Etc

please contact
Heather Long

Heather@numbersix.com
La Jolla Village News
Beach & Bay Press
The Peninsula Beacon

number six



San Diego International Film Fest re-centers in La Jolla

By DREW SITTON | Times of San Diego

SAN DIEGO—For 23 years, the San Diego International Film Festival (SDIFF) was spread between downtown, Balboa Park and La Jolla. For the first time, this year's event will occur solely in La Jolla and north.

It was a move that occurred over the past five years, with the closure of the Theatre Box in downtown during the pandemic. Prior to 2020, screenings were split between Westfield UTC in La Jolla and Theatre Box. After 2021, Downtown and surrounding neighborhoods remained connected to the festival through the opening night screening held at Museum of Photographic Arts (MOPA) in Balboa Park until this year.

On Oct. 15, the 2025 opening night film premiere and party is taking place at The Lot, La Jolla where Luca Guadagnino's "After the Hunt," starring Julia Roberts, Ayo Edebiri, and Andrew Garfield, will be shown.

Tonya Mantooth, CEO and artistic director of SDIFF, said they love the theater at MOPA, which has a lovely ambiance from the lights overhead creating a night sky. However, the move from the Balboa Park museum to The Lot was necessary simply for seating space.

"The Lot gives us more ability to expand," Mantooth said.



The 2025 Night of the Stars tribute will be held at The Conrad in La Jolla on Thursday, Oct. 16.

(Photo courtesy SDIFF)

program, Culinary Cinema with TV chef Shawn Styles from CBS's "Cooking with Styles," begins at the Capitol One Cafe inside Westfield UTC, featuring extravagant eats. Then, attendees will head to the mall's AMC Theaters for a cuisine-themed film followed by bites and drink pairings from local chefs.

The closing night film, the next entry in Rian Johnson's "Knives Out" mystery series starring Daniel Craig as Benoit Blanc, also will be held at AMC Theaters at Westfield UTC.

Aside from signature parties, the festival's 100 screenings will be held at The Conrad Prebys Performing Arts Center, La Jolla, and AMC14 hosted by Westfield UTC from Oct. 16 to 19.

SDIFF FOOTPRINT

In addition to moving opening night to The Lot, another new location was added: The iconic Belly Up Tavern in Solana Beach.

This year's Party with a Purpose,

where film insiders dance the night away, supports the San Diego Film Foundation's education programs for high school

students.

"Belly Up is just such a great vibe," Mantooth said. "That is a party that all the filmmakers who come into town want to go to, and we just thought it would be a great experience, not only for our patrons and our attendees, but also our filmmakers to experience."

Solana Beach is the exception.

Other special events will be held in La Jolla, with Night of the Stars

being held at The Conrad. There,

Mark Hamill will receive the

Gregory Peck Award for Cinematic

Excellence on Oct. 16.

Another popular

See FILM FEST, Page 23



A Message from the
San Diego County
District Attorney

**Stop.
Hang Up.
Tell Someone.**



Scammers are targeting seniors and attempting to steal your money.

Whether it's through fake computer help, fraudulent government agencies, or impersonating loved ones, if your money is involved and you're told not to tell anyone, **it's a scam.**

Report scams to local police and FBI at **IC3.gov**.

MAKE THE RIGHT CHOICE SENIOR LIVING

Established in early 2008, Jean Brooks (UCSD Graduate) and Todd Brooks (Air Force Veteran, US Air Force Academy Graduate) had the desire to develop Assisted Living Care Homes and Services for seniors that are a cut above the rest at fair & competitive rates. Right Choice Senior Living has Residential Care Homes located in highly desirable neighborhoods close to UCSD, La Jolla, Pacific Beach, Clairemont (Mount Street Area) medical facilities and the beach. Come see us today before making your final choice. Make the Right Choice Today.

We are excited to announce that Silverlight Homes of La Mesa will be joining the Right Choice Senior Living network of Assisted Living Care Home Communities.

Beautiful La Mesa Neighborhood Close to ALL, Small Intimate Homelike setting, Reasonable Visitation & Outings, Accommodations & Experienced Team since 2008 For photos, video tours please visit: <https://silverighthomesllc.com/>

For more info call (619) 246-2003 or go to the www.rightchoiceniorliving.org

NOW HIRING CAREGIVERS! CALL NOW!

• Assisted Living Care Home Communities **NOW HIRING CAREGIVERS CALL NOW**

• No more than 6 residents per community

• Highly motivated and experienced staff

• Short Term Respite Stays are ok

Veteran Owned & Operated 

619-246-2003

RIGHT CHOICE SENIOR LIVING
Full Service Assisted Living Rates Starting at \$165 a day.
We are saving families thousands per month
Grand Opening New La Mesa Care Home
www.rightchoiceniorliving.org

RAIN, WIND, AND FIRE... "The three menaces to any chimney, fireplace, or stove."



Every year there are over twenty thousand chimney / fireplace related house fires in the US alone. Losses to homes as a result of chimney fires, leaks, and wind damage exceeds one hundred million dollars annually in the US. Additionally, mold, mildew, pollen, dust and flammable creosote are among the hazards that can build up and collect in the flue of a chimney. A thorough inspection, and cleaning if necessary, will dislodge and remove such build-ups.

CHIMNEY SWEEPS, INC., one of San Diego's leading chimney repair and maintenance companies, is here to protect you and your home from losses due to structural damage and chimney fires.

Family owned and operated and having been in business for over 30 years, Chimney Sweeps Inc. is a fully licensed and insured chimney contracting company (License # 976438) and they are certified with the National Fireplace Institute and have an A+ rating with the Better Business Bureau.

For a limited time, readers of this paper will receive a special discount on our full chimney cleaning and safety inspection package with special attention to chimney water intrusion points in preparation for the rainy season.

**Full Service Chimney Cleaning
ONLY \$119 reg. \$279
Includes full safety inspection
CALL TODAY:
619-593-4020**



- Service • Inspections
- Repairs • Installs
- Rebuilds

CHIMNEY SWEEPS, INC.
SERVING SAN DIEGO COUNTY
SINCE 1985

Fully Licensed and Insured Lic # 976438

FILM FEST »

CONT. FROM PG. 22

occurring in La Jolla and Solana Beach, SDIFF introduced new efforts to bring in audiences from across the San Diego region.

"Our goal is to bring films from around the world to San Diego, to really present them to the audience," Mantooth said.

For one, the fest is partnering with the House of Pacific Relations

International Cottages (HPR) in Balboa Park.

HPR will promote the fest as a path for cultural understanding. The marketing partnership includes inviting the 35 expat communities organized through each house to films from and about their home countries. Cross-cultural promotion also will occur, as Mantooth and HPR see film as a way to expand people's viewpoints.

"Everyone would really benefit,"

said Joe Mazares, president of HPR. "(Film) kind of creates a more open gateway to understanding different people's perspectives."

Mazares believes people are more likely to watch an accessible film than take a history class, attend a lecture or get open access to world cultures. Plus, film is multi-sensory, even more so than some other art forms.

"Film is a medium that transcends," Mazares said. He also thinks the theater experience is

safe for people. They can go by themselves or friends. The screen gives them a distance and separation from the artists that avoids awkward social interaction, unlike one-on-one interactions at an art gallery for example.

Mantooth sees the fest's Foreign Films track as more important than ever.

"We need to be able to see other diverse cultures, understand people, really open up to a new perspective of what's going on in the

world," she said.

The curated films in the festival give San Diego audiences a chance to see movies before their theatrical release as well as short films and documentaries that do not always make it the big screen outside of the film fest circuit.

"We take on important social, global issues in our curating, and then also films to make you feel good," Mantooth said.

For the schedule and ticket information, visit the film fest online.

Garden Transformation

Do you want more out of your garden? We can help you transform your garden from design to reality. We also do maintenance.

Consultation
With John Noble
\$75 (\$200 Value)



Mon-Fri 10AM-5PM Closed Sat and Sun
Office/Retail Hours

Coastal Sage Gardening

3685 Voltaire St., San Diego, CA 92106 • 619-223-5229



Rick's
Home Repair
& Remodel

30 Years Experience in All Types
of Home Repairs and Remodel

Call Or Text
Rick Stratton
619-606-3329

\$45.00
per hr

HANDYMAN SERVICES:

- ✓ Plumbing: Leak Repair, Faucet Replacement,
- ✓ Disposal Replacement
- ✓ Cement & Stucco Repair
- ✓ Electrical: Ceiling Fans, Outlet Replacement,
- ✓ Light fixture Installation.
- ✓ Tile Installation
- ✓ Carpentry: Termite Repair, Deck Repair &
- ✓ Replacement, Fence & Gate Installation.
- ✓ Painting & Drywall Repair

It's Officially
**PUMPKIN
PATCH**
Season!



Scan the QR code or visit our
Instagram page for a list of some
San Diego County Pumpkin Patches.

@isellbeach



SCOTT BOOTH
REAL ESTATE GROUP

Scott Booth
858.775.0280
scott@isellbeach.com
DRE 01397371

4688 Cass St., San Diego, CA 92109

isellbeach.com

COLEMAN MOVING SYSTEMS INC.

Office/Residential | Free Wardrobe Use | Piano Moving
Last Minute Moves | Packing/Unpacking
Discount Packing Materials | Moving all over CA, AZ, NV
7 DAYS A WEEK | FREE ESTIMATES FAMILY OWNED SINCE 1979

619.223.2255 STU AND MATT COLEMAN

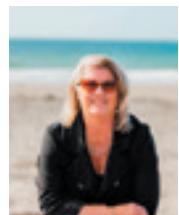
BBB MEMBER | INSURED LIC #CAL T-189466



Bay and ocean views! This refined Pacifica home blends island vibes with mid-century cool. Flooded with natural light and sited on a private large lot with tropical landscaping, this 4 bed, 2.5 bath residence offers a beach close lifestyle. Featuring high-end finishes, an entertainers dream backyard anchored with a full tiki bar, fire pit and built-in grill area as well as 2 ocean view decks, one complete with a fire feature and built in grill/kitchen allowing you to relax and chill after a day at the beach gazing at the star filled sky or watching the fireworks.

2252 Soledad Rancho Rd.
\$2,480,000
Michelle Serafini
858.829.6210
DRE 01411969

OPEN HOUSE
10.12.25 FROM 1-4



Start Your **Move** Today



addressSD.com



Get your **FREE**
accurate home
evaluation today.

DRE#01901536

This website is a marketing and information program that sends all inquiries to state-licensed real estate professionals.



PASSES & TICKETS



SAN DIEGO INTERNATIONAL FILM FESTIVAL

OCTOBER 15-19, 2025

Where Culture, Coast & Cinema Collide

GLOBAL STORIES MEET SAN DIEGO'S SPIRIT.

5 Days. 100+ Films. Premieres. Tributes. Q&As. Panels. Fest Lounge. VIP Exclusives. Parties.

Celebrate cinema with us!

SDFilmFest.com
#sdfilmfest





OCTOBER 18-19, 2025
523 W Date St
SAT 11AM-6PM, SUN 11AM-5PM
Free to attend
Live chalk art from 30+ expert chalk artists
La Cucina Galbani Food Demo Stage
Italian Wine & Pizza Tasting Experiences*

BELLAVITAFEST.COM

*Experiences available separately for purchase

Boys water polo: Knights and Vikings clash in Western League faceoff



Bishop's junior Cutter Leach (3) is hounded on a shot in the second overtime by Ryder Jaseniu (behind in black cap), showing the physical nature of the game.

(Photo by Ed Piper/Special to La Jolla Village News)

By ED PIPER | Special to La Jolla Village News

LA JOLLA — The Bishop's and La Jolla High boys water polo teams clash this month in Western League play as talented equals — but they took totally different routes to get there.

In pre-league play, coaches Doug Peabody and Ian Davidson's Knights endured fewer games and competed in the South Coast Tournament in Orange County. It was tough sledding, but the 6-5 Knights felt ready for conference play after downing San Marcos (Santa Barbara), 12-7, and Mira Costa (Manhattan Beach), 15-11.

Peabody-Davidson's entity, which plays year-round as the club team La Jolla Shores, then fell to Newport Harbor — the No. 1 team in the nation, according to MaxPreps, with a 12-0-0 record — in the quarterfinals of the tournament, 15-8, the next day.

Meanwhile, coach Tom Atwell's black-and-red Vikings played many games, culminating in winning the annual America's Finest (AFC) Tournament in Coronado with lopsided victories over Le Jardin (Kailua, Hawaii), 13-2, Valhalla, 21-9, Damien (La Verne), 15-4, and Canyon Crest, 21-8.

Returning All-CIF First-Teamers Dexter Black and Tor Martin and crew were hardly tested in the AFC, but that was the route Atwell has chosen in the long-running tournament, which used to field 32 teams, but is now down to 12 in a reduced format. In fact, La Jolla was able to play the first day of group (pool) play in the friendly confines of Coggan Aquatic Complex on campus at

LJHS.

With the shadow of Cathedral Catholic, the other league power, looming in future combat, Knight All-CIF First Teamer Colton Bell, a 6-foot, 180-pound junior, led Bishop's into its Western League opener last week against La Jolla at Coggan. Interestingly, he plays for coach Tommy Corcoran, the Dons' coach, on the Del Mar club team.

The teams played to a 12-12 tie in regulation time. Bishop's broke out to a 12-8 lead with 1:16 left in the third quarter on goals by senior J.T. Moss and sophomore Hanrui Liu.

But La Jolla clawed back behind Black, a 6 feet 6 inches tall junior, who scored on a penalty shot. The officials were a little jumpy in front of the big, vocal crowd, which included students from both local schools. They ruled that Lui didn't immediately leave the pool after an exclusion, ejected him, and cleared the pool, resulting in awarding Black his penalty shot.

Martin, a center, scored at 5:49 of the fourth quarter, 12-10; Dexter again with 2:49 left. Junior Henry Glenister then applied the pièce de résistance on a pass from Ryder Jaseniu with 57 seconds left to knot the score at 12-all and send the game into overtime. Two three-minute OTs are required — it's not sudden death.

Black, whose older siblings also starred at La Jolla, netted two goals at 2:20 and 1:18 of the first overtime, and the Vikings held on through the second OT to survive, 15-14. At this writing, they are ranked sixth in the nation by MaxPreps at 15-2-0.

Court rejects beach yoga ban

By DAVE SCHWAB | La Jolla Village News

SAN DIEGO — Yoga classes in San Diego parks and beaches can continue.

The 9th U.S. Circuit Court of Appeals yesterday unanimously rejected a request to reconsider a previous court ruling, which concluded the city's ordinance banning yoga classes in public places was unconstitutional.

Earlier this year, a three-judge panel ruled that yoga classes are protected by the First Amendment. However, all judges on the Ninth Circuit have now rejected a city petition to rehear the case with a

larger panel of judges, known as an en banc hearing.

In its ruling this week, the court found that public yoga in outdoor places falls within the Constitution's First Amendment, protecting fundamental freedoms including religion, speech, the press, assembly, and the right to petition the government.

San Diego initially implemented its ban as part of an ordinance regulating street vendors, classifying yoga classes attended by four or more people as commercial activity requiring a permit.

READ MORE ONLINE AT
timesofsandiego.com