

HEALTH ALERT



From San Diego County Public Health Officer
Wilma J. Wooten, M.D., M.P.H.

Attention anyone having contact with animals at the fair:

**Always wash your hands after coming
in contact with any animals.**

Wash your hands:

- ✓ After touching animals or their living area
- ✓ After leaving the animal area
- ✓ After taking off dirty clothes or shoes
- ✓ After going to the bathroom
- ✓ Before preparing foods, eating or drinking



When washing your hands:

- Wet your hands with clean, running water
- Apply soap
- Rub hands together to make a lather and scrub well, including backs of hands, between fingers and under fingernails
- Rub hands at least 20 seconds. Need a timer? Hum the “Happy Birthday” song from beginning to end twice
- Rinse hands
- Dry hands using a clean paper towel or air dry them
Do not dry hands on clothing